FREE

The Highlands Communicator

The Highlands Communicator

Aug. 15-29, 2007 | Vol. 6 Issue 20 | Haliburton County's Good News Fun Free Newspaper

The Haliburton County Fair is Aug 17 - 18

Circulation 8,000

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Haliburton County Fair Coming To Minden Aug. 17 - 18

See pages 8-9 for schedule of events for the weekend

On the weekend of August 17 – 18, everyone is welcome to attend the 2007 Haliburton County Fair taking place at the Minden Fairgrounds.

Once again the Farmer's Association will provide a Petting Zoo. There will also be games and face painting for the little people. Food, Entertainment, Horse Pull and Demo Derby for the adults.

Don't forget the exhibit building with baked goods, preserves, arts & crafts and vegetables. There will be lots to see and do for all ages.

Checker's the clown will be on hand for Face Painting, and there is a Colouring Centre & Kid's Games "Petting Zoo - All Day Saturday" – and there is also the popular Pony Rides & Mini Putt.

If you like to eat, you won't be disappointed. Be sure to visit the Minden Agriculture Society food booth featuring their famous Beef on a Bun. The Minden Anglician Church will be back with Corn on the Cob & Home Baked Pies, and The Haliburton Legion has sausages on a bun. There is also food vendors with Ice Cream, French Fries, Hamburgers etc and all types refreshments.

Check out the clothing, Jewellery, Leathers, hand crafted wood products and other novelty concessions.

For more excitement, don't miss the popular Ontario Demolition Derby Friday @ 8:00pm.

And the party continues on Saturday Night with a Dance at the S.G. Nesbitt Memorial Arena- Dance to the local D.J. from 9pm-1am. $10/admission. This is an age of majority event.

Gable Bros. Shows Midway is happening throughout the weekend for those who love rides and games of chance.

In all, there is something for everyone at the Fair … WE'LL SEE YOU THERE!

Admission is $5 for adults. Children 6 to 15- $2.00, Children Under 6- FREE.

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Life Saving Defibrillators Coming To Haliburton County

"This historic investment through the Heart and Stroke Foundation will provide people here in Haliburton County with important life-saving assistance. With access to this life-saving tool, public facilities in Haliburton County will be safer places for all of us to gather to lead more active and healthy lives."

There are 21 Automated External Defibrillators (AED's) coming to Haliburton County – that announcement was made Wednesday in Haliburton by the Heart and Stroke Foundation of Ontario, the Ministry of Health Promotion and The Frank Cowan Foundation.

The AEDs are made possible by a $3 million grant — the largest in North American history for AEDs — from the Ontario Ministry of Health Promotion, complimented by the largest private sector gift of $1 million from The Frank Cowan Foundation to the Heart & Stroke Restart a Heart, Restart a Life Campaign.

The AEDs will be installed over the next few months, in high traffic public sites, selected in conjunction with Haliburton County *EMS*. In the first year, training and equipment will be provided. Eight to ten trained personnel will be available at each AED location to assist someone who is having a cardiac arrest.

10 locations have already been announced and more locations will be added over the next few weeks as approval is granted. In the case of the Haliburton and Minden arenas, there is also second units being placed in the community centre portion of the buildings. So each place will have two units.

"This historic investment through the Heart and Stroke Foundation will provide people here in Haliburton County with important life-saving assistance. With access to this life-saving tool, public facilities in Haliburton County will be safer places for all of us to gather to lead more active and healthy lives."

According to the Heart and Stroke Foundation, in Ontario alone, approximately 6,500 cardiac arrests occur each year. The odds of survival for an out-of-hospital cardiac arrest are approximately five per cent. With each passing minute, the probability of survival declines by seven to 10 percent.

The first 10 will be located:

Haliburton Arena
Wilberforce Arena
Harcourt Comm Centre
Fort Irwin Residance Assoc.
West Guilford Comm. Centre
Stanhope Comm. Centre
Cardiff Comm. Centre
Gooderham Comm Centre
Minden Comm Centre
Haliburton Comm Centre

There is already one in Minden Arena donated previously by the local men's hockey leauge

"Because the odds are almost four times greater if someone performs CPR immediately, and when combined with early defibrillation, AEDs can increase survival rates to 50 per cent or more if delivered in the first few minutes", says local EMS rep. "We are very pleased with the potential of today's announcement to save lives".

"I was personally touched when we launched this program with the Heart and Stroke Foundation of Ontario because I heard stories from families who had loved ones saved because of an AED," said Health Promotion Minister Jim Watson. "Sadly, I also heard stories of people who lost a loved one because there wasn't an AED on site. Now, we are taking steps to ensure this tragic occurrence doesn't happen to anymore Ontario families."

"The Frank Cowan Foundation is pleased to support the Heart and Stroke Foundation of Ontario", said Maureen Cowan, President, The Frank Cowan Foundation. "This initiative allows us to contribute to a great cause, and support the communities where many of our employees, clients and business partners live and work. As a result of this donation, more AEDs and training will be available to assist someone who is having a cardiac arrest."

"With the help of individuals, community groups and corporate sponsors, like The Frank Cowan Foundation, one day AEDs will become as commonplace as fire extinguishers in Ontario, to save lives.

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Also, we have **back-to-school supplies** like backpacks ($5.00), paper, pens, pencils, duo-tangs, binders, locker organizers, and too many other items to list here.

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Haliburton Glass & Mirror

Spotlight On Business

A Transparent and Reflective Business

Kevin Finch is the sole proprietor of Haliburton Glass and Mirror. He seems to be a man of few words, preferring perhaps to let his work do the talking for him. And like many business owners and entrepreneurs in the Highlands he didn't start of doing what he now specializes in.

Kevin is originally from Scarborough, and he moved into the Highlands in 1976 with his parents who retired to the Carnarvon area. Kevin attended high school at HHSS, and after that he landed a job as a pipe insulator in Toronto. By '79 he was back in the Highlands where he was a landscaper for "2 or 3 years". He subsequently worked for carpenter/ woodworker Grant Rae, and as an upholsterer for Al Mahaffy. Kevin then bought a record and T shirt store in the early 80's. It was called the Inside Edge, and was located below Henwoods in Haliburton. He ran the store until the mid 80's, and then finally he began working in the area that he's still in today-glass. Kevin worked for Highland Glass for 11 years, and it was his experience there along with the cumulative experience from his other positions, that eventually enabled him to open his own business in the field. At Highland Glass " I basically learned how to install widows and glass for residential and commercial operations, and for cottages," Kevin offers, as a start to our discussion. "I opened up Haliburton Glass and Mirror in May of '96." That makes for a total of 22 years in the glass business, so he knows a thing or two about his trade.

"Mostly what I do now is custom work like doors, and windows made to order, and to size. We stock 3 and 5 mm mirrors which we custom cut to order. We also stock 2,3,4,and 5 mm clear float glass. Our stock comes in 8x6 foot sheets, and it's used for things like

Haliburton Glass cont'd... pg. 5...

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Haliburton Glass cont'd...

... from pg. 4

repairing single glazed cottage windows, and for glass table-tops. Beveled glass we order in as a specialty item. We also do vinyl window unit inserts," says Kevin. "The biggest things I'm doing right now are custom, frameless glass shower enclosures." As an example, Kevin points to his own shower, which is an impressive, totally glassed-in enclosure. It's a shower to die for, complete with solid, plated brass hinges and handles. It's a shower that's easy to maintain, and sooo easy to clean. A small squeegie would do the trick in a heartbeat.

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From custom glass showers to broken windows and everything inbetween - if it's made from glass - give Haliburton Glass & Mirror a call

If you come to a fork in the road, take it.

Kevin works for his own customers, and for contractors all over the county. "I do glass railings out of tempered glass as well," says Kevin, becoming more loquacious. His wife Ivy, helps out with the book keeping in addition to her regular job as department manager at Home Hardware. The couple has 3 girls. Terra 24, Lacey 17 and Chanice 15. "Ivy's the chief book keeper and bottle washer," Kevin laughs jokingly, as Ivy shoots him a withering glance. "Business has been busy," Kevin continues undaunted. Tom Curry has been my full time/part time assistant for the last 2 years, so I guess we're a 3 person operation. I like to keep the business small and more personal. That way people can deal with me exclusively, right from the estimates which are free, through to the end of the job, so I'm on the site pretty constantly. Because I basically do all the work myself I'm able to pass on the savings to the customer," says Kevin, and with that he'd said what he felt needed to be said, and it was time for him to get back to work.

You can reach Kevin Finch and Haliburton Glass and Mirror by calling: (705) 457-4573, cell: 457-6535, Fax: 457-8827, Email: haliburtonglass@hotmail.com The web site is

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Run, Run Because You Can Essays of Jouney ~ Essays of Joy

Disability a Source of Inspiration for Haliburton First-Time Author

By George Farrell

Sarah Levis has a disability. An undiscovered birth defect led to two debilitating strokes before the age of 22. Not to make light of her situation, but don't feel sorry for Sarah, because she's learned not to feel sorry for herself.

I've had some experience in the field of disability issues and working with persons with a disability, and one thing I've learned is that many people who have a disability eschew the pity mode of many charities and individuals. Instead they only want to get on with their lives and contribute to society like anyone else. That includes finding and maintaining a job, which in the scheme of things, is one of the hardest obstacles to overcome for persons with a disability.

When I met Sarah I was quickly aware of a young woman, only 29, who has come to grips with herself and with what life has thrown her way. She has written her book as a catharsis and also as a stepping stone to her future. Here's her story.

Born in Newfoundland , Sarah moved to the Highlands with her parents when she was 9 years old. She is the daughter of Joel and Jean Levis. Joel is the administrative head of the county libraries, and Jean, who passed away from complications due to Cancer 10 years ago, was a math and science teacher at HHSS.

Sarah went to went to JDH public school, and high school in Haliburton, where her mom taught her grade 12 math and calculus. Younger sister Rachel 28, is a special education teacher in Quebec.

Sarah reflects on her Mom and states "I'm more reserved, like my Dad. Mom and I didn't really understand each other, and we were just starting to appreciate each other when she passed away. That would have been when Sarah was about 19. By the time she was 22 Sarah was in B.C. like many a thoughtful young person, going west, as she puts it, "to find myself." She had previously been at Queens University, only to find that she really didn't like it there. "I switched my major a number of times. (Note: after her strokes Sarah eventually graduated from Queens in Psychology). While in B.C. Sarah relates that "I was looking for a job, and just spending summer traveling with friends. I was actually at a job interview when I got this tremendous headache-the worst in my life. I had to tell them I had to stop. They gave me some Tylenol, and I managed to finish the interview. I went to the doctor right away. I was starting to get a stiff neck. The neck and the headaches are symptoms of Meningitis, and I was really scared, and I was feeling pretty terrible."

"The doctor said that I didn't have Meningitis and told me to go home and come back tomorrow," Sarah relates incredulously. "At home the pain got worse and I couldn't keep any pain medication down. I was home alone and I phoned an ambulance which took me to Nanaimo General Hospital. They discovered that I'd had a small stroke. After more tests with a specialist they found a rare birth defect that left me vulnerable to these types of strokes."

The defect required surgery, and Sarah was flown to Toronto for that purpose, where she was warned that the surgery could trigger a bigger stroke. And it happened. " I don't remember much about it," she says. "I was pretty drugged up." The last stroke left Sarah with significantly decreased mobility in her left hand and arm." The doctor says it's more or less to the point where things will stay as they are, but my friends tell me my mobility is improving," she says, appearing not quite sure whether to believe it or not.

Sarah moved back to the Highlands after her stroke, and the last 7 years have been devoted mainly to rehab' and to completing her Queens courses by correspondence. A realist, Sarah felt that "my degree was not going to get me anywhere, so I went to Loyalist College in Belleville to study Developmental Services which qualifies me to work with people with developmental disabilities. It's the governmental accepted standard," she's quick to inform me. She returned to Haliburton again after she had graduated from the 2 year course. "At first I lived with Dad, then in Echo Hills, where I could live more independently." Echo Hills is a complex of apartments in Haliburton, some of which are geared to income. While she needed some initial help Sarah has been living independently for 4 years now. "There are a few things I can't do, and Dad and my friends help me with things like heavy lifting, and sometimes I can't open jars and change a light bulb-silly things like that."

"I work out at Curves," Sarah says, "and I can do all the machines there. I couldn't do that at first. My balance is still off, and I can't have a driver's licence because I have a seizure disorder, but people are very good about giving me rides."

The Experience of Writing

. "When I came home after college I wasn't healthy enough to work and I couldn't get a job. I've always written, and I got involved with the Haliburton Writers and Editors Network, and the Algonquin Highlands Writers Circle," she relates. " I wrote an essay called *Run*, which is in my book. I was encouraged to submit it to the *Facts and Opinions* section of the Globe and mail, and they accepted it." After that success Sarah started to use her writing to explore what had happened, what she had gone through, and how it changed her. "It eventually became this book."

"It (the book) helped me to put things in perspective and to solidify my philosophy on what being disabled means for my life and what it has to mean for me. My life isn't over," she states positively. "Just because your life's different than you thought it would be doesn't necessarily mean that it has to be worse."

That last statement struck a chord with me, as I realized some of what Sarah must have gone through to reach that conclusion, and to believe so strongly in it. "It's easy to say, but harder to live up to," she says. With that admission she shares with all of us periodic self doubts of our own philosophies.

Run, Run Because You Can

"I didn't write the book with the intention to publish," says Sarah Levis, "but there came a point where it made sense to." It's a dream of Sarah's that people "who are going through similar things might go to a

Sarah cont'd... pg. 15...

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Friday Evening Events

4:00 pm	Fairground Opens
4:00 pm	Beer Tent Opens
4:00 pm	Minden Agricultural Society Food Booth Opens
4:00 pm	Midway Opens (Gable Bros. Midway Family Fun)
6:00 pm	Exhibit Building Opens
6:30 pm	Mutt Show
8:00 pm	Demolition Derby
9:00 pm	Exhibit Building Closes
9:00 pm	Kawartha Country Drifters

Events Cont'd... next page...

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EVENTS
County Fair

Saturday Morning

8:00 am	Peameal on a Bun Food Booth
9:00 am	Midway Opens
9:00 am	Light Horse Show
9:00 am	Exhibit Building Opens
9:30 am	Draft, Commercial Ponies Hackneys, Roadsters, & Heavy Horses
10:30 am	Hatfinger Show - Main Ring
11:00 am	Sheep Sheering
11:00 am	Beef on a Bun @ Food Booth
11:00 am	Beer Tent Opens
11:00 am	Milking Demonstration
11:00 am	Mini Putt & Pony Rides
11:00 am	Children's Events Kawartha Country Drifters & so much more!

Saturday Afternoon

1:00 pm	Checker's the Clown & Trams
1:00 pm	Sheep Shearing continues
1:00 pm	Children's Events continues
3:00 pm	Petting Zoo all day
3:00 pm	Light & Heavy Horse Pulls
3:00 pm	Auction
	Heavy Horse Show Main Ring

Saturday Evening

8:00 pm - 11:00 pm
On Stage:
The Kawartha Country Drifters

ON STAGE
Friday Evening
Following the Demolition Derby
Kawartha Country Drifters

SATURDAY

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HOT FLASHES

12:00 - 12:30 pm
CLOGGING
GRANDMOTHERS

12:30 - 2:30 pm
OPEN MIKE
With Kawartha Country Drifters as Accompaniment

2:30 - 3:00
CLOGGING
GRANDMOTHERS

3:00- 3:30 pm
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3:30 - 4:00 pm
TAOIST TAI CHI SOCIETY OF CANADA DEMONSTRATION

4:00 - 6:00 pm
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Highland Cup Sliding into Haliburton

Jacques Villeneuve Commits to March, 2008 Appearance

By Terrance Gavan

NASCAR on ice is coming to Haliburton in March, 2008.

Local promoter Harold Foyster is bringing the "Highland Cup" and Snowmobile Sprint Oval Racing to the Highlands.

And, if all goes according to plan, Jacques Villeneuve, along with other professional snow-racers on the Eastern Pro Tour circuit will have sleds primed and ready to "braaaap" around the one-third-of-a-mile oval on Head Lake.

Villeneuve, brother of the late Gilles and uncle of Formula One racer Jacques, is a snowmobile racing legend and, at the tender young age of 54, is still one of the fastest guys on ice. Jacques, the elder, will be joined by last year's Pro Circuit champion Howard Gifford and numerous other pro stock racers and former champions, providing Highland Cup spectators with an intimate and up-close glimpse into the very best that this exciting sport has to offer.

Harold Foyster & Haliburton Reeve Murray Fearrey meet at the site of the future Highland Cup.

The event will feature the big Pro Stock 440 machines, lots of noise, some terrific heats in several racing classes and of course the allure of 85 to 95 mile-per-hour flat out side-by-side, sled-on-snow action.

"It's the second-last race on the Eastern Pro Tour and it's going to great for the community," says Foyster. He organized a similar event in Burk's Falls last March.

"Burk's Falls was very successful, but I realized I had to bring the event home," says Foyster, who works summers as The *Boat Guy*, but allows that come November "when the boats are out" he will be dedicating himself full-time to the organization of the Highland Cup.

The Highland Cup, a fully sanctioned stop on the Eastern Pro Tour, is slated for the weekend of March 1 and 2, 2008. The oval will be set up in the area in front of the Municipal Docks in Haliburton and will have great viewer access from many venues in Head Lake Park.

Foyster is fully committed to the event and feels that the Highland Cup could fill a void and draw some badly needed winter tourist dollars to the area.

"I figure we can draw 3,000 to 4,000 fans to the event in the first year," says Foyster. The Super Competition Motorsports (SCM) sanctioning body, based in St Hugues, Quebec, sponsors the Eastern Pro Tour and will be providing full insurance coverage for the Highland Cup. SCM has given Foyster, and Hi Speed Motorsports, access to the March date in perpetuity.

"It's my date for as long as I want it," says Foyster. It's a great date, he allows, because it is the second to last event on the Eastern Pro Tour schedule (see sidebar) and racers will be primed and ready to vie for all important Championship points. It should also provide spectators with some reasonably warm weather.

Foyster recently made a presentation to Dysart et al and now has the support of council and Reeve Murray Fearey.

He already has some introductory advertising posters available and will also be attending a number of snowmobile events as part of the run-up to the Highland Cup.

"I'll be promoting the Highland Cup at the Ontario Snowmobile Show in Toronto and the Peterborough Slederama in the coming months leading up to the race," says Foyster.

"We will be focusing on the Peterborough area just because of the history of the Kawartha Cup," says Foyster.

Foyster says that it was fond memories of the now defunct Kawartha Cup, which actually sparked his interest in a revival.

"I first met Jacques and Gilles Villeneuve back in 1981 and they used to race in the Kawartha Cup. Back then, the Kawartha Cup would draw up to 30,000 spectators for the weekend."

A friendship that Foyster forged with Jacques continues to this day. "He'll be staying at my place during the weekend of the race," says Foyster, who was talking with Jacques just last week. "He's still, at 54, one of the best drivers on the circuit," says Foyster.

And although most of the glory goes to the guys on the big machines, Foyster says that the Eastern Pro Tour also showcases a number of other classes. There are several separate Pro-Stock Classes, Trail-Stock Class and the ever-popular Vintage Class Racing.

"Racing will go from 10 a.m. to dark on both days and spectators will get a chance to see events in all classes," says Foyster. "People will also get to see a lot of old machines competing."

Foyster says that the Canadian Antique Snowmobile Association will have a display set up in the vendor area showcasing the evolution of the snow machine.

Highland Cup cont'd.. pg. 12...

Highland Cup Excitement Building Up

... from pg. 11

"They will also be doing parade laps on the oval during intermissions."

Safety concerns mandate that no spectators will be allowed on the ice during the event.

"But there will be a great line of sight from many areas inside the gates.".

He also says that the course will be separated from spectators by a fence and about 1500 hay bales. A Press Area will be set up on the Municipal Docks and Foyster is expecting a full complement of the Fifth Estate to be on hand.

Harold is confident that the Highland Cup could act as a real bolster to the local economy, providing an influx of tourist dollars at a time when tourist visits are historically and lamentably low.

"We need a real spectator sport for this time of year and this is it," says Foyster. "We're hoping that local businesses will come on board and maybe extend their hours for the weekend."

He adds that although racing is slated for the weekend, he says that teams and their stat-of-the-art trailers and support teams begin arriving on the Thursday prior to the event.

"Most teams will be arriving on Thursday and this whole parking area will be taken up by about 40 trailers and their teams," says

Highland Cup cont'd... pg. 13...

BOON TO LOCAL ECONOMY

"We're expecting that the A-Channel will be here and TSN's Snow Trax TV will also be here to film the racing," says Foyster.

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Highland Cup: Huge Event For Haliburton

... from pg. 12

Foyster. The trailers are really small shops, equipped with lathes, tools, components and manpower capable of rebuilding a machine in a virtual blink.

"If you get a chance to look inside one of these trailers, well, they're pretty amazing," says Foyster.

Once the trailers arrive, the staging area, the Head Lake Oval and the trailers will be abuzz with the sound of the powerful engines.

"They will be doing practice runs on Friday preparing for the heats on the weekend," says Foyster.

All this activity will ensure that local restaurants and motels will be busy and according to Foyster, busy is good for the municipality.

"Right now Eganville is the only other Ontario venue on the Eastern Pro Tour and they do all right, but they also have no accommodation in town," says Foyster. "I'm optimistic, because we have a great sledding community here in Haliburton and we also have better accommodation than Eganville. My intention is to pack all of the available motels in Haliburton and I am also hoping that a lot of cottagers will make a point of coming up here for the weekend."

Foyster adds that he will be doing most of the organizing for the event himself. "There won't be a committee... just me. I want to keep it simple and streamlined so I'll be doing all of the fundraising and promotion."

He adds that he is open to any volunteers who would like to dedicate their time and expertise to help make this event a success.

Foyster says that volunteers will be needed to help with track preparation, fencing and bales setup, ticket taking and security. He adds that the municipality will also lend a hand with some vital facets of track prep.

He allows that it's a huge job and one that will occupy a good part of his time for the next seven months.

2008 EASTERN PRO TOUR SCHEDULE

Dec 8-9 ,2007 - OPEN (Tentative Beausejour, Manitoba)
Jan 19-20, 2008 - OPEN (Tentative Eagle River, WI)
Jan 26-27, 2008 - BOONVILLE, NY
Feb 2-3, 2008 – LONG LAKE, NY
Feb 9-10, 2008 – SHAWINIGAN, QUEBEC
Feb 15-17, 2008 – VALCOURT, QUEBEC
Feb 23-24, 2008 – EGANVILLE, ONTARIO
March 1-2, 2008 – HIGHLAND CUP, HALIBURTON, ON
March 8-9, 2008 – ROBERVAL, QUEBEC

However, one gets the impression that it will all be worth it come Sunday March 2, when the Pro Champ 440's take to the track for the final 15 lap heat.

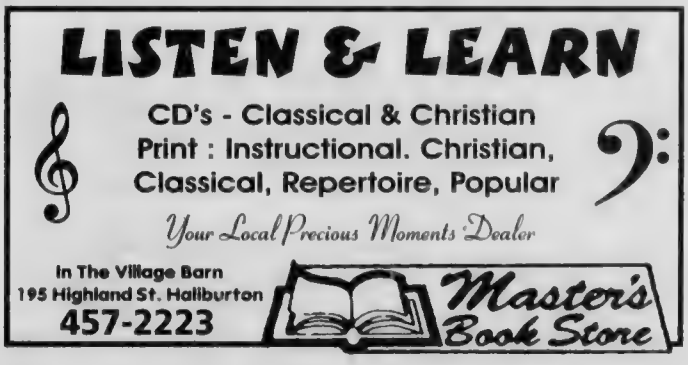
"These machines will be traveling at 80 to 95 miles per hour," smiles Foyster. "The guy who wins is usually the last guy to back off on the throttle heading into the turn."

He says that the best "corner man" he has ever seen on a pro sled is still Jacques Villeneuve.

"He's so smooth and so aggressive moving into the turn... and all he needs is that split second and... he's gone."

Of course, what works in racing also works in life... and in sports promotions.

So Harold Foyster will continue to hold the throttle down, knowing that hard work and '*no fear*' usually gets the job done.



Music by the Gull Continues

Grab your lawn chairs and get ready for some more great entertainment as Music by the Gull in Minden continues.

Every Friday evening features a different performer. This event has taken place over the past 10 years – the Highlands Wind Symphony has organized this open air event that takes place by the river in Minden beginning at 7 p.m.

August 17 will feature Gord Kidd and Friends.

August 24 is Northern Jam

August 31 is The Country Hot Flashes

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Get on your comfortable clothes and shoes and join others in upcoming Wilberforce Walk on August 22 starting at 6:30 and Twilight Tales starting at 7:30 p.m. The fun begins at the Red Cross Outpost. Everyone is welcome to attend.

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Sarah Levis New Book

... from pg. 6

resource library in a hospital and find the book, and benefit from reading it." For me the book is not just for persons with a disability, it's also ultimately for everyone who can take strength from a person who has overcome adversity in ultimately finding her place in society. I don't think I can improve too much on the words of Brenda Peddigrew, Ph.D. who wrote the forward. In an excerpt from the forward she wrote: "*The titles of the essays in this collection are intriguing. A 'Quiet Snap' is how Sarah names the moment that changed her whole life. 'Identity Theft' pulls us all into a current of fear, and then shocks us with her meaning for the term. 'Climb the Mountain' is not what you'd think, nor 'The Piano', nor 'Dance'. 'Spring Flowers,' sounding innocent and inviting is actually heartbreaking with hope.*

The whole section of six essays that comprise the last part of the book called 'Redefinition' documents the transformation of Sarah's life from who she thought she'd be to who she's actually become, a transformation that many people don't have to face until their latter years. Her choice to highlight the positive discoveries she continues to make about her condition is refreshing and freeing, in the way truth is, giving relief and a kind of wordless integrity to her writing."

Sarah says "psychologically it's taken a long time to get to this point, and there's still a long way to go." She has a part time job at the high school and public schools in Haliburton, working with students with developmental disabilities. "I like what I'm doing," she says "and I'd really like to be a full time special education teacher, and writer as well." I sincerely hope that she continues writing, but for me the important things are that Sarah has come to grips with what life has dealt her, she's decided to move forward, and she's become a valuable member of society.

The Book Launch

For anyone who would like to obtain a copy of Sarah's book *Run, Run Because You Can, Essays of Journey~Essays of Joy*, can contact the author at (705) 445-9507 or email sarah_levis@sympatico.ca.

Sarah will be signing copies of her book at the Rails End Gallery in Haliburton, on Sunday, Sept 9th from 2- 4 pm.

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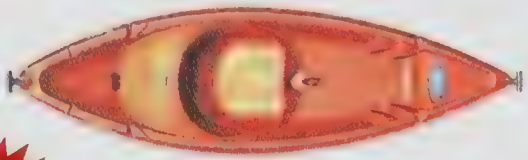

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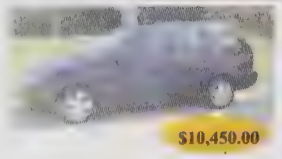
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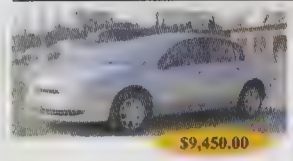
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Dumb Criminals

Dumb Criminals

SEA HUNT: A robber in Olympia, Wash., "obviously planned ahead an escape route," noted police Sgt. Ray Holmes: he was wearing a wet suit under his clothing and after the robbery headed straight for a nearby ocean inlet. But the police arrived faster than anticipated: they caught up with him just before he hit the water. Charles E. Coma, 35, was arrested on robbery charges. Officers were helped by several factors, Holmes said. "No. 1, when he was leaving the bank he dropped some things, which caused a slight delay. No. 2, there was quick reporting by witnesses and victims, ...and officers were able to set up a real decent area of containment." ...And No. 3, it's really hard to run when wearing flippers.

SPANKING MACHINE: Workers at a restaurant in St. Croix, Virgin Islands, arrived early for work and found things amiss. Police responded and discovered that the restaurant had been burgled, but the early-arriving workers surprised the burglar as he was trying to open the safe. "After employees turned on the [cooling system], they observed an unusual sound coming from inside the roof," said the chef. They found the burglar hiding in an exhaust vent, and the fan blades were hitting him. He "had nowhere to go once the unit was turned on." Police say they will charge the man with burglary — once he's released from the hospital.

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The Old Poodle

A wealthy old lady decides to go on a photo safari in Africa , taking her faithful aged poodle named Cuddles, along for the company.

One day the poodle starts chasing butterflies and before long, Cuddles discovers that he's lost. Wandering about, he notices a leopard heading rapidly in his direction with the intention of having lunch.

The old poodle thinks, "Oh, oh! I'm in deep doo-doo now!" Noticing some bones on the ground close by, he immediately settles down to chew on the bones with his back to the approaching cat. Just as the leopard is about to leap the old poodle exclaims loudly, "Boy, that was one delicious leopard! I wonder if there are any more around here?"

Hearing this, the young leopard halts his attack in mid-strike, a look of terror comes over him and he slinks away into the trees. "Whew!", says the leopard, "That was close! That old poodle nearly had me!"

Meanwhile, a monkey who had been watching the whole scene from a nearby tree, figures he can put this knowledge to good use and trade it for protection from the leopard. So off he goes, but the old poodle sees him heading after the leopard with great speed, and figures that something must be up. The monkey soon catches up with the leopard, spills the beans and strikes a deal for himself with the leopard.

The young leopard is furious at being made a fool of and says, "Here, monkey, hop on my back and see what's going to happen to that conniving canine!

Now, the old poodle sees the leopard coming with the monkey on his back and thinks, "What am I going to do now?", but instead of running, the dog sits down with his back to his attackers, pretending he hasn't seen them yet, and just when they get close enough to hear, the old poodle says: "Where's that damn monkey? I sent him off an hour ago to bring me another leopard!

Moral of this story....

Don't mess with old farts...age and treachery will always overcome youth and skill! B.S. and brilliance only come with age and experience.

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Bertierville Bullet Making Tour Stop in Haliburton

An exclusive phone interview with 'THE' Jacques Villeneuve

By Terrance Gavan

Born in Berthierville, Quebec, Jacques Villeneuve Sr. grew up with a need for speed.

"From a young age I always wanted to go fast," says Villeneuve, speaking by phone from his home in St-Cuthbert, Quebec. Villeneuve will be coming to Haliburton to race his *very fast* snow machine in the First Annual Highland Cup, scheduled for the Head Lake Oval, March 1 and 2, 2008.

Villeneuve says he may have developed that penchant for speed from his dad.

"Well my father was not involved in racing, but he liked to drive from point a to point b just a little faster than anyone else," chuckles Villeneuve, who says that both he and his older brother Gilles subsequently developed a dad-inspired heavy-footed approach to everything they did from an early age.

He's somewhat of an anomaly on the pro snowmobile circuit, still managing to go very fast and still managing to compile some serious numbers in a sport that seems to favor the young.

But Jacques says he has no plans to retire just yet, despite what the statistics and demographics have to say.

"Well I know a lot of guys think that I'm getting too old for this, but I will tell you that I'm still fast and I will go into the season next year with one thought and that's... to win," says Villeneuve, who will turn '50-something' in November.

That's great news for his fans who have been following his career ever since the early 1970's when he and older brother Gilles were both involved in the burgeoning sport of big oval snowmobile racing. Both brothers were fast and both carried that Bertierville Bullet swagger into every race they ran.

Earlier in his career he was involved, like Gilles, in both snowmobile and auto racing. In fact during one stretch of his career spanning 1979 to 1982 he managed to compile a pretty impressive array of track and snow credentials.

In 1979 he was named Formula Atlantic (Auto) Rookie of the Year. In 1980 he won first place in the Eagle River Snowmobile Derby, on a Ski-Doo and captured the Formula Atlantic Championship with 4 wins. He matched the 4 wins and went on to finish first again on the Formula Atlantic Circuit in 1981.

In 1982 he again placed first in the Eagle River Snowmobile Derby.

Jacques Villeneuve cont'd... pg. 19...

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Jacques Villeneuve Still Fan Favorite

... from pg. 18

. He won the Eagle River event again in 1986 to become 'World Champion', becoming the first three-time winner of the event on his Vessair Ski-Doo twin track. He didn't capture the 1987 event, but he did win the Ski-Doo Sport Series instead.

In 1996 he raced in the inaugural Supersleds Series, winning the F1 Trophy Dash at Beausejour and coming 2nd in the Dash at Plymouth, and finishing 2nd in the F1 Finals in both.

In 1998/99, racing for the Ski-Doo-Prolab-Choko-NSK team, he won the Eastern Pro Tour in the F1 class. The next season, in the Champ 440 class, riding for the same team in the Eastern Pro Tour, he won the Canadian Championship and came 2nd in the North American title behind Erik Nicholsen, winning a race at Eganville, Ontario, taking 2nd at Winchendon, Massachusetts, and coming 3rd at Eagle River.

It's a testament to his dedication and perseverance that he's still running very fast on the pro snowmobile circuit to this day.

Villeneuve has even earned himself a biographical entry on a website dedicated to Formula One aficionados.

"While international race fans have been besotted with firstly Gilles and then his son Jacques, few will recall the efforts of Gilles' younger brother, and hence Jacques' uncle, Jacques Villeneuve Sr.," states the biographical piece.

"I doubt that Canadian fans would be equally blissfully ignorant, for although Jacques Sr only has 3 measly DNQs to show on his F1 record, his versatility on the track, in the snow, and now even in the water has seen him become something of a Canadian racing institution. In the last two decades he has been an omnipresent figure in Canadian motor sports, rarely venturing to race outside North America, but setting several landmarks of his own despite not having the aura or popularity of his brother and nephew."

His success on the track and on the snow was followed by a brief fling on the water.

In 1999 he competed in the Régates de Valleyfield 5-litre powerboat event.

He says he's able to take it easy in the summers now. It's harder to gain a ride on the pro auto racing circuit nowadays. That's a sport that really does favor youth, allows Villeneuve.

"They don't really want to take a chance on someone older, so I get to take it easy these days," says Villeneuve. Because he runs his own show on the snow, he really has no one but himself to answer to and as long as he has the wherewithal to saddle up a new machine he will be out racing.

"Right now it's just me and my mechanic and I won't really start to think about the new season until September when we will start to build another machine for this season," says Villeneuve.

"I do my own motors and a machine lasts for one winter, so we have to build a new machine for the circuit this year."

Last year, he and his machine posted wins at Boonville, Shawinigan, Burk's Falls and Roberval and accumulated 269 points, finishing a close second to eventual champion Howard Gifford who finished with 274 total points.

And apparently Villeneuve is still adding to his already copious Curriculum Vitae. To a comprehensive resume we can now add another entry: Teacher and Coach.

. "I was not too busy this summer and so I was able to take some time to coach a very young guy to drive go-kart," says Villeneuve. He says he was approached by the young lad's father and agreed to spend some time with the young 10-year-old racer, teaching him the finer points of competitive racing.

"We didn't have the competitive Go-Kart racing when Gilles and I were growing up so it's something new," says Villeneuve. "It's easier, I think, to teach a young driver," says Villeneuve, adding that coaching older drivers would present too many challenges; like unlearning all the bad habits that older drivers tend to develop.

"Here we have a young kid and it's fun coaching him," says Villeneuve.

And why wouldn't it be? After all, it's only racing right?

And according to Jacques, the elder, that's simply a matter of going from "point a to point b just a little faster than everyone else."

Kash Dash – 10 Years and Still Running Strong!

This summer, runners will once again get ready to Dash for Kash! The 10th annual Kash Dash is scheduled for August 25, 2007.

There are two great runs… the 1K Kids' Fun Run at 3pm and the 10K Road Run at 4pm.

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For more information contact Steve Ferracuti at: 705-457-9589 Email: ferracuti1@sympatico.ca

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Irondale Studios - New Sound Studios Opening Soon for Musicians and Performers

by George Farrell

When adults talk of a 'Golden Age' many younger people often dismiss it with arrogance and assume that what they are experiencing now is the only thing that matters. Unfortunately, in the immediacy of today's world, they may be right. The thing is though, that if a genre is referred to as the 'Golden Age' it infers that what is happening now is somehow not as good as it once was, or could be. In the worst case scenario nothing is done, and things proceed as they are. Sometimes though, recognition of a 'Golden Age' gets a 'retro movement-of-appreciation' happening, which sometimes leads to an improvement, or at least a new direction for any given genre.

As the 'Golden Age' tag is applied to live popular music and musicianship in Ontario, it sure ain't happening nowadays. I'm not referring here to pure talent, because that, in one form or another will always be with us; but in terms of craftsmanship and performance on ones instrument, whether it be voice, percussion, string or reed, the 'Golden Age,' of popular music ended sometime in the early 1980's.

It used to be that in most larger centres throughout Canada, and especially in Ontario, many hotels, bars, and night clubs would feature live music 6 nights a week. In Toronto from the 60's through the 80's it was not unusual for yours truly to go out and see live music 3 nights a week. Admittedly I was a downtown rounder, but I feel privileged that I was able to see many a legendary Canadian performer master his or her music at any number of downtown establishments. Those were the days when people like Ronnie Hawkins were whipping their Bands into shape every night. As the saying goes it takes about 10,000 hours on any instrument to call yourself a master. Nowadays musicians just don't get that kind of playing time before critical audiences.

The pity of all this is that many a talented musician, who might have had a career of steady improvement, now usually opts for another path. In the main it's because there aren't enough venues to make it worth-while to stay the distance, and get their 10,000 hours. Most venues only feature music on Friday and Saturday nights now. It used to be that Mondays through Thursday's bands would work on tightening up, practicing new material, and working on their performance. You could go out on a weeknight and still see a great show, and for those of us who lived downtown and didn't want to grapple with the weekenders, just about all our musical experiences took place on week nights.

In addition to the downtown bar and nightclub scenario there was the hotel show-band scene. These show-bands would perform all week in rooms that were often packed with tourists and locals alike, who went to see great musicians give great performances of some of the popular music of the day, and of eras past. They were biggish bands, very often with a 4 or 5 person horn section. These bands would play in the hotel night clubs, and were mainly cover bands, but boy there were some great musicians, and some of them made a very good living.

A change in the economic structure, laws for drinking and driving, a new social consciousness, especially as it related to smoking, all mitigated against the six day a week gigs, and by the early 80's the hotel showrooms were gone, a lot of the good old bars and nightclubs were also gone and those that remained cut back their entertainment to 2 nights a week-many of them opting for the one man band scenario of synthetizer, single instrument and voice. What you got instead of a full- fledged band was a 'manufactured' band. It just wasn't the same, and many musicians had to seek additional forms of employment, or get out of the music business altogether.

Now how does this bit of pop music history have anything to do with what's going on here in the Highlands, you ask? Well, in Steve McCullough we have a musician who lived the life described above, who went through the consequences of the cutbacks, and emerged undaunted amongst us. Steve lives in Irondale, and is soon opening a sound studio which will feature a 72 channel, 24 bit recording system. He recognizes the great talent that we have here in the Highlands and sees a need for local musical residents and musicians from other locals to have a place in which to practice their skills, under the tutelage of someone who has "been there" a few times over.

Steve is originally from Toronto, but has resided in the Highlands for two years now, after extricating himself from "a neighbour from hell" in his former place of abode, Fenelon Falls. Steve is now located deep in the woods away from any would-be "nutty" neighbour, and it was there that we met and talked for awhile. Even though we'd never met their was an immediate familiarity about Steve, and I looked forward with anticipation to our interview. As it turned out we had a mutual

Irondale Studios cont'd... pg. 22...

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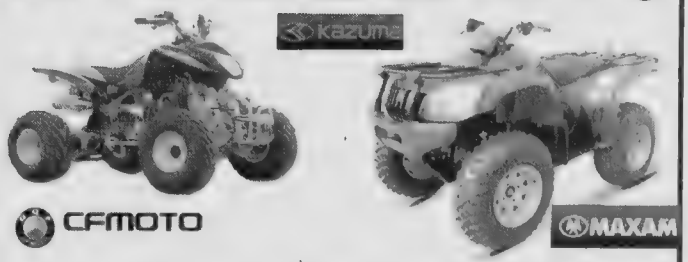

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Musicians Get Ready...Irondale Studios Opening Soon

... from pg. 21

musical friend. "I came away to 10 acres, and I bought it on a whim, and it's turned out to be everything I ever dreamed about he begins,' looking around the not-quite-finished interior of his home studio structure. " This is the old Hancock property," he informs me. "He owned a lot of property in this area, but this is a brand new building. The maple floors are from the maples on the property; a neighbour came with a mill and cut the planks. The acoustics are going to be great," Steve predicts, leading seamlessly into his musical background. "I've been a professional musician, all live stuff," he says without the least bit of self-praise. "I'm a lead singer, and I play keyboard and trumpet. I started when I was 21 and I've toured the world. For 15 years I played 6 nights a week in show bands like True Reflections and Harmony Street.

Steve ended up as a musical director for many of the rock and show bands of the 70's. He's been classically trained, and is proud of the fact that he studied with Ted Moses. He's done armed forces tours and performed in such diverse places as the North Pole and the Middle East. "The 70's were an interesting era. We'd play higher-end venues and perform top 40 tunes - and it was almost like musical theatre of rock. We'd play stuff from Gentle Giant, the Strawbs and Tower of Power- there was a strong performance element." After the decline of the show bands Steve sought other musical avenues through which to make a living. "MIDI (Musical Instrument Sound Interface) came out in the mid 80's," he says, explaining the technological breakthrough which gave musicians access to a multiplicity of musical sounds and commands through a keyboard. With proper hardware and software a musician could program every instrument. He could literally become his own one man band. "And I became the highest tech' highest paid one-man-band in Canada." Steve declares.

"In about 1990 when I was on the 'Snow Circuit,' doing one-man gigs in places like Collingwood, I was having a great time and making great money, but I realized that it was about as far as I could go. That was when I really started being interested in technology," he explains. I started working with Mac' retailers in Toronto, and I was doing multi media before it even became a word. I could foresee that the future lay with digital. " Steve designed and sold non-linear video systems and he was quickly on top of the technological world. After 10 years in the field, he eventually tired of it. He wanted to get back to his first love-music. A single man, Steve moved to Fenelon Falls in December of 1999; an area where his family had cottaged for many years.

Now Steve is in the Highlands, and plans to meld his love of technology and music into his very own studio. "I'm an amateur architectural freak," Steve nonchalantly informs me, 'and I've tried to create a place here where you can feel comfortable, and creative. A place where musicians can feel at home. It's a place where artists can develop their performances as well." Steve takes me outside where he shows me his plans for a stage that he hopes to erect in the natural amphitheater which houses his home studio.

"Where do kids go nowadays to learn," Steve McCullough asks rhetorically. "I've got all the information on performance and technology in the music industry and video, and this recording system can be used for small orchestras, choral work, and for basically anyone who can fit into this room which is 20x30 feet. There's also two 10'x10' isolation rooms for isolated recording of instruments or voices,' he says. Upstairs overlooking the open-concept main room is Steve's computer and two large monitors. Anyone expecting an old studio setting is due to be disappointed as now "everything is in the software," he informs me, "there are no more 8 foot long boards."

"I believe that I have a unique skill set due to my career. I think there's good ambience in this room, and people will feel really comfortable here. I hear that there's great talent in the Highlands, and I'd really like to see what's out there. I've played it all and I look forward to helping people with what I've got here. I look forward to nurturing local talent and having some bands come in." Steve also informs me that he has a small concert lighting system, and he uses it, among other things, for his own performances. At the present time he's playing every Tuesday night at the Moose, in the Wigamog. "From Supertramp to Sinatra, and everything in between," he laughs.

So go on over to the Moose and look and listen to Steve McCullough, and let's all thank that "neighbor from hell" for providing us with not only a first class entertainer, but also with a facility that can help our budding talent get that required practice and rehearsal time, while learning from a true professional.

Steve plans on having the studio up and running by September 1st. You can contact him at the Irondale Studios 1094 Twist Lane, PO Box 61, Irondale ON. K0M 1X0. Steve can also be reached at land line (705) 447-2357, cell (613) 334-9044, or at irondalestudios.com

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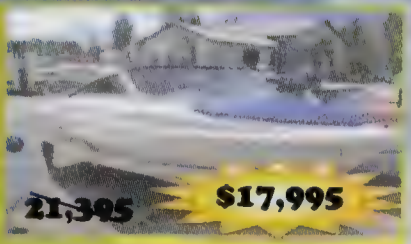

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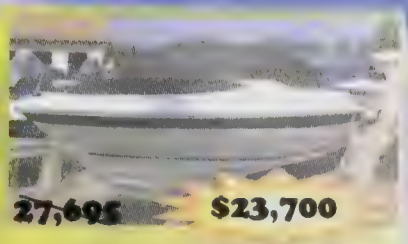

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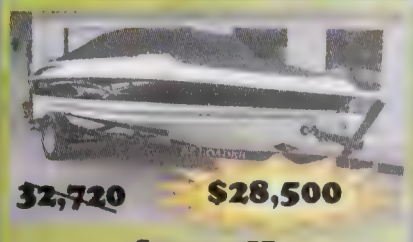

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The Carving Gallery: A Great Gallery and a Great Cause

Last year at about this time I started to work for the Communicator. My very first story was on Walter vanderWindt, who owns the Carving Gallery on Highway 35, at Moor Falls. Walter carves his sculptures with a chainsaw. It's time for an update on Walter and the great work that he does out of his gallery.

About the Gallery

The Carving Gallery offers you unique sculptures for your garden, home or cottage. The gallery offers eight sculptors of various talents and styles, and hence we offer rustic to pristine, from $5.00 to $18,000. We have ugly, awe inspiring, baffling and lots of humor brought out in wood. There are three carvers who use chainsaws, one carver who uses every tool imaginable and is known as the wizard in wood, and then we offer the chisel carvers who meticulously and patiently chip away to give you refined and balanced pieces. Each carver puts its own personality into the carving, and you can peruse their styles leisurely in as you meander through the indoor and outdoor gallery.

Walter is an active fundraiser and uses the gallery as a means of raising funds for under- privileged people in third world countries, and also for people in need in Canada. That first story on Walter and the gallery contained a story within a story. Readers might remember Walter's ongoing (eight years) efforts to raise money for the support of a Vietnamese young mother Thao and her child.

This year Walter is fundraising with a different aim in mind, and it's another great cause. My deadline for this issue had passed when Walter emailed me, and I had to rush to cobble something together for a last-minute story that I managed to just squeak in under the wire. This is what Walter emailed me:

Hi George,

Last year you did the article on my quest to help my Vietnamese friend Thao.... this year we have been fundraising to put Filipino kids through school. We have raised more than $2500 so far, and we have sent 11 Elementary kids, and 4 high school kids through school, and one lucky fella was send to cosmetic school, and if he does well there, he is off to fashion design school. We're also raising money for one girl to attend nursing school in September.

I also promised to fill two libraries in the Philippines, and that is where I need help. While we were there I visited an elementary school and a high school, and found them severely lacking in library facilities and books. The elementary school had a room designated for a library, but no shelving and books. So while I was there I donated money for shelving, and other needs such as pencils and paper and a new classroom fan, but I also made the promise to fill the library.

I now have $500 ready to buy books for Filipino children who are in the elementary school. They will be bought from a publishing house in the Philippines. I would also love to collect books here (in the Highlands) for both the high school library, and the elementary school, but I haven't managed to get that message out. Let me know if you can help.

Well I could help, but it would have to happen fast, due to the deadline, and that's why this story is a combination of Walter's email, and info' like that about the gallery above, and below, gleaned from his excellent web site, where Walter writes in the first person.

The Carving Gallery cont'd... pg. 25...

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Carving Gallery Fundraising cont'd...

... from pg. 24

Setting up Libraries in the Philippines

Educate a child, and you can change a family. Change a family, you can change a community, change a community, you can change a nation. Our goal is to set up libraries, and sponsor children in poor nations. Focusing on Philippines, Vietnam and Mexico. We have started with the Philippines, and in the beginning of 2007, we are already starting the year off well with sponsoring 13 students. Two of which have the first 'Carving Gallery Scholarships' for continuing education.

The other way we seriously hope to affect change, is to fill their libraries up with books of knowledge, and books that spark the imagination. After hearing the request for technical lesson books by the Principal of Logan High school in Cagayan province, I saw their empty library filled with old boring math books. Instead I offered, "how about some novels, motivational books, and some great biographies, such as the one about Nelson Mandela?"

The Principal replied, "Nelson Mandela....isn't he a current leader? " I explained "former President of South Africa After a short pause, she blurted, "didn't he rule like Hitler? That's when I knew I wanted to bring the world into the libraries of the Philippines.

We have committed to four schools, two elementary, and two high schools. We also help them out financially with supplies, and we sponsor children in each school, paying for their tuition, and their school-project fees.

Donate your Children's Books

Our 2007 goal has started with sponsoring four schools in the Philippines. For example, Lal-lo elementary in northern Cagayan province had a library building, but no shelves and books. We have already given them money for shelving, school supplies and a classroom ceiling fan, but now we have to fill the library.

The school principal has requested children's books, from age seven-14yrs old. We hope to give them and other schools like them a library full of books that is both fun and full of knowledge. We will also happily accept books for young adults. We are also looking for high-school level books, as well as entrepreneurship and self-help books, click here to find out more.

Donate your Self-Help books

Knowledge has tremendous power. When I was 19yrs old, and without much of a future in mind, I read 'Unlimited Power' by Anthony Robbins, which gave me several '*ah ha'* moments. As the years went by, motivational books about life, sales, management, and relationships were absorbed. I would like to give to others, who might not have access to such material, the same *'ah ha's'* that could change their lives.

First in 2007, the books collected will go to Vietnam. We want to offer a future to the children that are wandering the streets of Ho Chi Minh City. However, in Canada, there is a similar need for this kind of reading for the homeless. Setting up libraries in homeless shelters is another goal of *'WoodCarvers Against Poverty'*, and the more books we collect, the quicker we can achieve this. Here are some of the categories we suggest, but if you have books that have helped you, but are not on the list, then feel free to give us that ' a*h ha*' moment: *Self-help/ Motivation Entrepreneurship, Time Management, Business, Sales Management, Personal Relationships, Finance, Overcoming fear, Motivational story books*

Matching Financial Donations

As of 2007, the Gallery hopes to walk its talk, and match any donations you make up to $5000.

We want to keep fundraising fun at the gallery, we will always have a clear goal as to where the money will go, and for the most part we will try and raise money through donated carvings that you can buy. However, if you feel obliged to open up your wallet, or by taking out your cheque book, then we want to support your generosity by matching your donation.

Our goal is to have full charity status in 2007, so that we can offer tax receipts. However, before that is possible please rest assured that we will always have a clear project and your money will go 100% towards that cause.

The above excerpt was information from Walter that appears on his web site, and I urge visitors to go to this great site for more information. In his email to me, Walter finished off this way:

I have one famous artist coming this Aug 17th and 18th... and I was planning to promote it as a big fundraising day as well. I will donate a carved moose to the fundraiser, and was hoping Moose FM would therefore promote it as well. It would be a perfect day to get people to drop off books they do not need, and at the same time they get to meet this extra ordinary carver.

Just as I finished this article Walter called me and gave me some added info on who the famous artist is who is coming to the studio on August 17th and 18th. It turns out to be Ron Pierce, a well know wood carver who works with chisels. His works regularly retails for anywhere from 3K to 30K. He specializes in detailed head carvings of Native Canadians and Americans, and cowboys. He has also done a sculpture of NASCAR driver Dale Earnhart.

So do yourself a favour and visit Walter at his carving gallery, and take a few good books with you. The Carving Gallery is located at 8995 Highway 35 Moore Falls, Ont, K0M 2L0. You can get in touch with Walter vanderWindt at (705) 454-1701. You can email him at info@chainsawcarvings.ca The web site is www.chainsawcarvings.ca Hours of operation are Friday 12-8pm, Saturday 9-5pm, Sunday 10-5pm.

The Haliburton Scout Reserve: *Celebrating 100 Years of Scouting*

by Tyson Farrell

The Haliburton Highlands is certainly a land of secret wonders. There are many amazing locations and attractions within the county, but so many of them go largely unknown. One of these attractions is the Haliburton Scout Reserve. It is a vast tract of land which has changed the lives of many and has existed for decades, but has remained largely unknown to the general public. On August 1st the Haliburton Scout Reserve celebrated its 60th anniversary as well as the 100th anniversary of Scouts, and I was fortunate enough to be there.

The day began at 6.30am as my photographer Will and I drove our way up the long and narrow Kenneway Road. We had been given directions to the Scout Reserve, but as the dirt road became narrower and narrower, we became increasingly doubtful that we would ever find it. Just when we thought all hope was lost, and we were preparing to turn around, we noticed a series of peculiar road signs. We read phrases such as "Lugaroo Lurches Ahead," and "Road Frequently Swallows Stray Car," and recognized the bizarre sense of humour that only campers could produce. Thus, we realized, the Scout Reserve must be near. Thankfully, a few kilometres and a dozen wacky signs later, our destination came into sight.

My first though of the reserve was that it looked like a typical summer camp. There was a collection of small buildings and sheds, dozens of canoes, a big dock stretching into a lake, and a towering totem pole. I soon discovered, however, that this was merely the entrance to the property and a very small part of the reserve. We had been told that someone would be waiting for us at the entrance to the property, and sure enough there was. When we stepped out of our car we were welcomed by a gentleman who introduced himself as Al Steward. "Jump into my van boys, and I'll take you up to the camp," he said. So Will and I climbed into the back of a big white van that proudly sported the *Scouts Canada* logo. As we drove along a narrow dirt road which wound further and further into the Scout Reserve, we began to talk with our driver. "I have the best job in the county," he said. "I used to be a plumber, but now I'm retired. I still live in the city, but during the summer my wife and I are given a cottage here on the Scout Reserve. In exchange for the cottage, I help out around the camp. During the spring I help repair plumbing that might have been damaged during the winter. During the summer I do what I'm doing right now, I drive the van. Working here is great because it's like no place else. This place is huge. We have ten lakes and almost five thousand acres of land. This is the biggest scout reserve in all of Canada, and the second largest in North America. The only one bigger is New Mexico, and it has eleven thousand acres."

Al was right. The reserve is huge. We drove kilometres down the dirt road, past various cabins and outbuildings, and we still had not reached the centre of the reserve. Finally the van crested a hill, and below we saw a group of large buildings beside a lake, and dozens of people running about. "Here we are boys. This is where I'll be dropping you off," spoke Al. So Will and I climbed out of the van and into a frenzy of activity. Outside a dining hall several camp counselors stood over a large oven, cooking literally hundreds of pancakes. Counselors clad in yellow shirts were everywhere, each preparing for the days events. The counselors were not too busy to spare us some time, however, and they gladly told us all about

Haliburton Scouts cont'd... pg. 27...

A Look Inside The Boy Scout Camp: 5,000 Acres of Playground

... from pg. 26

the Haliburton Scout Reserve.

"Unlike other summer camps, we don't have cabins for the kids to sleep in. All of the campers sleep in tents, at various locations. There are twenty two different camping sites around the lake. Each morning the Scouts, all of whom are accompanied by their Scout leaders, canoe in from their camping sites and to their different activities for the day. Since today is the 60th anniversary of the Haliburton Scout Reserve, and the 100th anniversary of scouting, we're cooking breakfast for the Scouts. Every other day they have to cook for themselves at their camp sites. It's a far more wilderness-based experience than other camps," explained Scout Counselor Scott Jackson. "We typically have from 300 to 500 Scouts here each week. While here, they learn new skills and develop leadership through activities such as riflery, sailing, rock climbing, wilderness survival, and others."

My discussion with the counselors was suddenly cut short by the sound of a horn blowing in the distance. Will and I were told that the horn was summoning everybody to the camp's central meeting place. "The day is about to begin," the counselors said. As I looked across the lake, I saw a fleet of red canoes emerging out of the morning mist, marshaling to the sound of the horn. Thus, the Scouts left their campsites and paddled in for the day's events.

We were ushered down a forest path to a clearing filled with log benches that surrounded a raised podium. Within minutes the clearing was filled with hundreds of uniformed Scouts, and dozens of staff members. The dull roar of the crowd filled the air, but before long a man stepped up the podium, and all fell silent. The man, I was told, was Peter Sunborg, Scout Canada's Executive Director for Central Ontario. "Welcome to the 60th Anniversary of the Haliburton Scout Reserve, and the 100th Anniversary of Scouts!" he roared to the crowd. What followed was a speech worthy of Demosthenes himself. "For the rest of your lives, you will all remember this day," he spoke. "You are all part of the Scouts: the greatest youth movement in the world. What began with a few young men is now an organization of millions. We have helped make the world a better place. We have become influential. We are going to become even more influential. We are going to become even better. We're about to become great." As his address continued, Sunborg did not lose the crowd's attention for a moment. "The Haliburton Scout Reserve started in 1947 with one campsite, and a few campers. Today there are more than twenty two different campsites, and hundreds of campers weekly. I look around me today, and I see scouts from all around the world. I see scouts from Ontario, Buffalo, Knoxville, Pennsylvania, New Jersey, the Netherlands, Hong Kong, and beyond. This is proof of just how big this reserve has become. For 60 years this has been a place where scouts have met new people, had new experiences, and learned new skills for life. This is a place to be proud of."

When Sunborg finished his speech, hundreds of scouts answered with thunderous applause. The expressions on their faces and the volume of their cheering showed just how proud they were to be Scouts, and how proud they were to have the Haliburton Scout Reserve. When the celebratory speeches were over, and the Canadian flag was solemnly raised and saluted, the crowd of Scouts dispersed for their breakfast of sausages and pancakes. Their complimentary breakfast marked the end of the day's celebrations. It was barely nine o'clock, and for the Scouts it was back to business. It seemed as though all of the Scouts had truly enjoyed the morning's festivities, but to them the more important thing was to continue their work as Scouts. So campers and counselors hurried to their activities and duties, and before long shots could be heard from the rifle range, shouts from sailors on the lake, and encouragement being yelled to those rock-climbing.

The Scout camp was a hive of activity, and has been so for sixty years. It is a place where many young men have grown up, learned about the world around them, and had the time of their lives. Yet the majority of the campers come from far-away places, and the reserve itself is tucked away in the backwoods of the Kenneway Road. Therefore, the vast Haliburton Scout Reserve goes largely unnoticed and unseen by the local population. However, if the reserve continues to remain unnoticed for the next six decades it will not matter, for it will no doubt continue to flourish as it has for so many years.

Pictured: Scout counselors show Hong Kong Scouts lake; Scout Peter Sunborg addresses the crowd; Sun rises over the Scout Reserve; Six of the Scout counselors; Scout counselor teaches gunnery; Scouts salute; Scout gathering

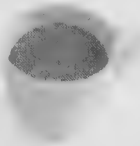
It's the Law

It's the Law

In 1785, King Louis XVI of France issued a law stating that the lengths of handkerchiefs must equal their widths!

A law in Gurnee, Illinois, made it illegal for women weighing over two hundred pounds to ride a horse while wearing shorts!

In 1756, King Fredrick I of Sweden issued a law forbidding the drinking of coffee.



In 1993, the mayor of Cebreros, Spain, officially banned humans and dogs from running in the streets.

Getting Married?

Wedding ceremonies with flare!

Yvonne Kendrick

Minister of the Lakes Church in Bobcaygeon is available to perform marriage ceremonies in and around Haliburton County.

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repeated comments from guests at the recent Irvine wedding

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RadioThon For Hospital

Tune Into The Moose and Phone in Your Pledges!!

MOOSEFM

Tune in and dig deep - that's the purpose of the upcoming Haliburton Highlands Health Help Radiothon taking place Thursday August 16 and Friday August 17 from 6 a.m. - 5 p.m.

Turn your radio dials to 93.5 FM those days - Wendy Gray and Anne Creelman will be broadcasting live from the Minden Health Care Facilty on Thursday and the Haliburton Health Care Facility on the Friday.

The radio gals will be talking to all kinds of people invoved with and behind the scenes of our local health care facilities, as well as people who have used our services.

There will be many special guests over the two day period. Listeners will have the chance to call in and make pledges or you can come visit the Moose on location where you can make a live donation.

"We invite everyone to come out and say hello - bring your spare change and help launch the Reaching for the Future Campaign," says Wendy.

Moose FM morning host Ryan Griffiths and co-host Ann Creelman have put a lot of effort into putting this together along with Foundation Director Dale Walker and all should be commended for their hard work and dedication to such a great cause. Haliburton Broadcasting staff are thrilled and excited about the possibilities that will unfold this week.

Crazy But True Law Suits

A Little Too Much Booty

Meredith Berkman, seeking $50 million, filed one of the first anti-fat lawsuits against the manufacturer of a snack food named **Pirate's Booty**. It looks like eating too much Pirate's Booty had added too much booty to Ms. Berkman's booty.

In December, 2001, the Good Housekeeping Institute tested Pirate's Booty, which is basically flavored puffed rice, and found that it contained 147 calories and 8.5 grams of fat, while its label said it contained only 120 calories and 2.5 grams of fat.

The manufacturer, Robert's American Gourmet Foods (a subsidiary of Keystone Foods), blamed the problem on a change in its manufacturing process and immediately recalled the product from store shelves.

Nearly four months after the recall, Berkman filed a $50 million class-action lawsuit against Robert's Foods, claiming "emotional distress" and "weight gain...mental anguish, outrage and indignation." The complaint claims to represent all consumers who ruined their diets and had to spend more time at the gym because they ate mislabeled Pirate's Booty.

Lange on the Law

Donald Lange

by Donald J. Lange
Barrister & Solicitor

Death and Damages

In the early days of the law, if you were the breadwinner and died because of the wrongful act of another, the family had no recourse in the courts for compensation ("damages") against the wrongdoer. The saying was that the wrongdoer was better off killing the breadwinner than injuring him or her because, if the breadwinner survived, he or she could launch a lawsuit for damages for injuries suffered. This changed in England, where much of our law originated, in the 1850's. Today, all of the provinces in Canada have legislation in place permitting family members to launch a lawsuit.

The damages in an action for wrongful death are not for the grief of the loss or pain and suffering but for actual financial losses. When the breadwinner dies, there is great impact on the spouse and children because of the lost financial support. Claiming this loss from the wrongdoer is the primary claim for wrongful death. A car accident is an example of wrongful death. Calculating this loss is an accounting issue and will depend on such things as the age of the deceased breadwinner, the type of employment and benefits, and how young the dependant children are at the time of death.

What about the wrongful death of a woman who was an unpaid homemaker? This was debated by the Supreme Court of Canada as early as the 1880's when a wife was killed at a railway crossing. The court was divided. Some judges viewed the loss of homemaker services, not as an economic loss, but as a "sentimental loss" not quantifiable in dollars. Surprisingly, given the times, the majority of the court disagreed. Here is what one of them stated: "I must confess myself at a loss to understand how it can be said that the care and management of a household by an industrious, careful, frugal and intelligent woman, or the care and bringing up by a worthy loving mother of a family of children, is not a substantial benefit to the husband and children; or how it can be said that the loss of such a wife and mother is not a substantial injury but merely sentimental, is, to my mind, incomprehensible. And if the injury is substantial, the only mode the law could provide for reimbursing the husband and children is by a pecuniary compensation, and so, in my opinion, in the eye of the law, the injury is a pecuniary injury." Thus, in 1885, the court ordered that the railway pay the family the, then, large sum of $5,800.

In the next column, I will be talking about the frustration of contracts.

Acupuncture: a jab well done

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Believe it or NOT

Strange & Almost Unbelievable (but true) Facts

Paying off a debt on New Year's Day in Portugal is avoided in the belief that if anyone pays a debt on that day he will be paying creditors throughout the coming year.

In ancient England it was believed hold wells could reveal if an ill person would live or die, by observing whether one of his garments floated on the water or sank.

The ancient Egyptians believed that eating cabbage prevented drunkenness, and they actually built temples to honor the vegetable!

In some parts of Scotland, the killing of a butterfly is banned in the belief that they harbor the souls of lonely persons.

In 1992, a company in Hangzhou China, paid twenty-eight thousand dollars for a mobile telephone number it considered to be lucky!

Scientifically Speaking

What When Where Why How

What makes ice cubes crack when you put them in a drink?

No matter how cold your drink is, it's still warmer than a frozen ice cube. So when you plop in an ice cube, the drink warms up the outside of the cube. Meanwhile, the inside of the cube stays just as cold as it ever was. Alas, a warm outside that's trying to expand and a cold inside that wants to stay the same means trouble. Eventually the stress becomes too great and – crrrack! Ice cube breakdown.

Art in the Garden

If you would like to get out and check out some wonderful artwork and some wonderful gardens, while at the same time having a wonderful time tasting some wonderful food and beverages, be sure to stop in to the "Art In The Garden" event happening at The Twisted Pines Studio at 9 Bayshore Acres in Haliburton on Wednesday August 22nd between 3 and 8 pm.

This will be the 3rd year for the event which is a fundraiser for the health services in the county. Dale Walker explains, " It is basically an outdoor walkabout where attendees can view the works of over 25 artists and have a chance to talk with the artists. It's a social. We're expecting over 200 people this year."

Of course all the art is for sale, with 25% of all sales going to the health services. Cost of admission is $20 which gets you 4 tasting tickets. More are available at $2 each. The event is sponsored by Roberts Austin Fuels Ltd, and will have food and beverages sponsored by The Bonnieview Inn, The Wigamog Inn, and Franka's Delectable's. Beverages on hand are presented from Feilding Estate Winery, Moon Shadows Estate Winery, The Brick Brewery, and Culligan- The Good Water Company.

Artist works will include pottery, jewellery, stained glass, woodworking, paintings, stone carving and more. Tickets are available in advance by calling 457-1580 or 286-1580 or you can simply show up and purchase your tickets on the grounds. If it is raining during the event time, the rain location is the Great Room at Fleming College.

Minden Hills Fire Department 1st Annual Bass Tournament

If you like bass fishing then you are going to want to be part of the 1st annual Minden Hills Fire Department Bass Derby being held on Sunday August 26th at Bryson's Marina (off County Rd 21 between Haliburton & Minden). Registration is at Bryson's between 6-9 am and the derby starts at 7 am. Fish your heart out for a full 7 hours and be back for weigh-in at 2 pm. The derby is for fun and a fundraiser for the fire dept and there are prizes donated by local businesses such as a Napoleon BBQ from Minden Home Hardware, and a fish-finder from Minden Bait. To enter derby you must have an operating live well. Cost is $40 entry fee with 2 adults per boat plus one youth 12 and younger is free. Full contest details are available on brochure available at Minden Home Hardware or Minden Live Bait & Tackle.

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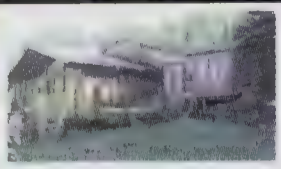
Kennisis Lake - $545,000
Year round cottage or home on 2 lake Kennisis chain. Property is everyones dream, 199 ft fr, fairly level, Private!!! Deep water off the dock Sunsets on large dock. 3 bdrms, 2 dens. Lge family room on walk out level, pool table laundry area etc
Gloria or Cindy

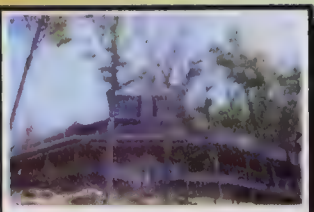


Bitter Lake - $629,000
200 ft frontage on Bitter Lake, Haliburton Enjoy western sunsets from your large entertaining cedar deck or deck/dock at waterfront. 3 bedroom back split cottage with fireplace, wood floors and 2 baths Separate unique building for entertaining or for the young ones to get away to
Gloria or Cindy

Little Kennisis Lake - $619,000
115 ft frontage on this sloping lot with a large view of Little Kennisis Lake. Driveway in. Shore line has been retained with river rock. All you need to do is put in a septic and excavate excavate to build your dream cottage
Gloria or Cindy

Hunter Creek Estates - $79,900
2 bedroom home in Hunter Creek Estates (adult living community) on one of the largest lots in the park. Some features include 4pc bath, 2pc bath, Florida room, new deck off living room, work shop off back of garage and a storage shed. This home has all new windows, door, plumbing, faucets flooring, rubber roof, 100 amp panel and the best if the hydro goes out a 30,000 BTU propane Napoleon fireplace. Vendor take back possible
Gloria or Cindy

Great Starter Home - $109,000
Great starter or retirement home, 3 bedrooms, main floor laundry, many upgrades- new insulation, new siding, windows, new flooring, new FAO furnace and oil tank, nice setting in great community 3km from Minden.
David Lee



5 Bedroom Home - $799,000
Very private, 3,500 sq ft 5 bed. home/ cottage on a large lake near Minden, 295 feet waterfront with amazing sunsets. Must be seen
David Lee

Cute as a Button - $99,900
Charming 2 bedroom starter/retirement home or use as a getaway! Western exposure, view of Boshkung Lake and close to snowmobile, ski, hiking, ATV and water trails. Beautifully landscaped private back yard. Don't miss this one!
Lindsay Elder

Quick Walk to Kushog Lake $195,000
This cozy three bedroom home boasts a wonderful master suite with jacuzzi tub- easily converted to an in-law suite. Located in a private setting where wildlife abounds.
Lindsay Elder

Denna Lake - $329,000
145 feet of sandy shoreline, with a level lot, great swimming and boating. Cottage features, knotty pine walls and floors, 3 bedrooms, 4pcc bath. Quiet lake with shoreline owned
Grace Lougheed

Horseshoe Lake - $639,900
Engineered hardwood oak flooring installed over drycore, hot tub built into deck, multi-level decking, ceramic entrance, private balcony off the master bedroom, all e-gon windows & quality garden doors, new propane Porcelain and nickel stove in living room, one and half car garage
Grace Lougheed

Beech River - $369,000
BEECH Minutes away by boat to Boshkung Lake from this three bedroom back split on Beech River. Well treed level lot, beautiful stone fireplace. Wide part of river for great swimming
Ed Gibbons

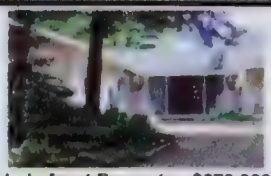
Beech River - $359,000
BEECH Boat to Boshkung Lake from your own dock on Beech River. This beautiful home features a walkout basement, finished rec room, screened in porch, double garage Shows pride of ownership.
Ed Gibbons

Kushog Lake - $680,000
Quality is the word to best describe this 4 bedroom bungalow with lower level walk-out. Glass doors from living room to large deck overlooking water. Fabulous sand shore and deeper water off dock. Also includes a 1560 sq ft workshop/garage and a self contained two bedroom apartment
Tom Gardner

Davis Lake - $424,900
Large family cottage with many upgrades and luxury features. New custom kitchen, new windows and doors, all new decking, easy year round access on popular Davis Lake. Gradual sloping lot with sand shore.
Tom Gardner

Two Cottages on Pine Point - $650,000
320 ft lakefront with over 2 acres - at the end of the road with two cottages- a three bedrm winterized cottage finished in pine with 8 ft stone fireplace & one bedrm rustic cabin. Waterfront w/ shallow rock shelf for wading & deep water entry w/ spectacular rock ledge shoreline on a point abutting Crown Land.
Luba Cargill

Beautiful Kushog Waterfront - $449,000
Lovely maple trees provide a park like setting for this 3 bedroom Viceroy style cottage Ideal for family with level lot and shallow sandy water entry. Open concept living room and kitchen, window corner breakfast nook, vaulted ceiling finished in pine. Large deck overlooking lake.
Luba Cargill



Lakefront Property - $673,900

Private, yr-rnd waterfront estate on over 3 acres. 125 ft. of water frontage on a quiet bay. Brick built home w/ 4,700 sq.ft.lvg.sp., 4 bdrms, 3 1/2 baths, 2 beamed living rooms, 2 offices/studios (1 has a washroom, storage & separate entrance). Dble storey barn w/ huge workshop & masses of storage

Patti & Hal Johnson

Starter Cottage - $154,900

Cozy 1 bdr. cottage with hydro & drilled well. Level lot with southeast exposure & bunkie/shed.. Rippled sand & great swimming just across the road.

Patti & Hal Johnson

Portage Lake - $249,900

Exceptionally well maintained, fully winterized, 3 bdr. cottage/residence. SE, almost level lot with a great screened in porch to relax in. Wonderful privacy, 3 bdrs, newer deck,dock & 8'x8' shed

Patti & Hal Johnson

Haliburton Country Home - $199,900

Lovely decorated home with over 2200 sq.ft lvg sp. in a 1.4 acre treed setting with easy yr rnd access 3+1 bedrooms/2 bthrms & main flr laundry. Finished rec room w/wood stove & fireplace in living room

Patti & Hal Johnson

Long Lake - $359,000

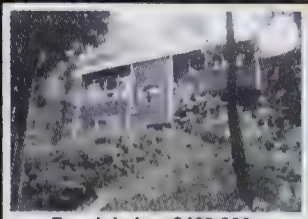
Outstanding privacy, exceptional peace & quiet are provided by this property. 4 bdrms *lovingly built & well maintained* clean shoreline with deep water off the dock. 227' of frontage & 9.6 acres with gentle slope to the water

Patti & Hal Johnson

Year Round Lakefront Cottage/Home $459,000

A tree lined driveway greets you to your lovely year round solidly built Viceroy style cottage/home. A south facing level lot with 3+1 bedrooms & 2 baths. Screened in porch on main floor & fireplace in fully finished recroom. Good privacy & on a two lake chain,

Patti & Hal Johnson



Peach Lake - $469,900

Gorgeous 3 BR+ den home/cottage on 2 acres w/ 300 + shoreline on Peach Lk. Cedar walls to a vaulted ceiling, breathtaking sunset view of lake enhances the L.R

Barry Warren

Burnt River - $110,000

Quaint and cozy two bedroom cottage on Burnt River - good swimming & canoeing nice level lot - renovations needed

Barry Warren

Halls Lake - $529,000

3+1 BR waterfront home/cottage. Open concept living. Huge master BR, main floor laundry, walk-out basement. Also has 2 BR bunkie for guests.

Vince Jarvis

Mountain Lake - $539,000

3 plus 1 bedrm cottage/home on level lot with sand beach. cathedral ceiling in living room, dining room and kitchen, lake views from living room with patio doors to spacious deck. walkout from basement to lower patio area, extras include brick fireplace, airtight woodstove, central vacuum, drilled well, .

Vince Jarvis

Horseshoe Lake - $379,000

Excellent family cottage with easy access off township road. Level, mostly treed lot, sand beach. Cottage is well maintained with hardwood floors in living room, dining room and sunroom. Great location with short distance to town. Enjoy boating on a two lake chain

Al Mayo

Canning Lake - $359,000

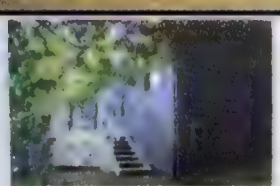
Canning Lake, spacious & open 3 bedroom cottage, 150 feet waterfront on Canning Lake, good docks, almost level lot

Al Mayo

CanningLake - $359,900

Prime well treed waterfront lot on prestigious Canning Lake (5 lake chain)with 105 ft fr and 81ac Clean sand shoreline with natural stone retaining wall South exposure-private driveway with ample parking- easy access off municipal road Neat and clean (original owner) 1056 sq. ft- 3 bedroom fully insulated open concept cottage Cathedral ceilings, woodstove, lakeside decking, full septic plus 20x10 wet slip boathouse!

Anthony, Marcia & Chris



12 Mile Lake - $359,900

TWELVE MILE Beautiful well treed private waterfront parcel on prestigious Twelve Mile Lake (3 lake chain) Easy yr round access - nice natural setting - clean shoreline and expansive view Neat & clean winterized home/cottage - open concept with numerous upgrades main floor laundry, attached Haliburton Room screen porch - lakeside decking insulated/heated bunkie, yr round water supply plus loads more.

Anthony, Marcia & Chris

Walk to Kushog Lake - $209,900

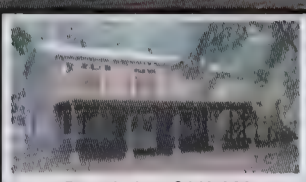
1.29 ac parcel open concept 1164 sq. ft. 3 bedroom home features eat-in kitchen, foyer with main fl laundry, spacious sunroom, wood and propane air tights, all appliances, drilled well & full septic Also includes double-detached garage, 34 x 32 insulated/heated workshop,currently equipped as a machine & fabricating shop w/200 amp service (can purchase equipment separately) 18 x 18 barn w/loft,(heated guest quarters), and wood shed!!

Anthony, Marcia & Chris

Maple Lake - $549,900

Prime level 1.06 acre waterfront Rear land golf green plus shared ownership of rear 43.7 ac parcel! Meticulously maintained 1424 sq. ft. open concept home plus full partly finished walk-out lower level Loaded in upgrades and features 3 bdrms 3 bathrooms, $32K sunroom, pine kitchen w/center island & appliances, main floor laundry, master bdrm ensuite, lower level rec & game & office area hardwood & ceramic floors, skylights, propane & wood airtight, generator backup system, plus detached garage and shed.

Anthony, Marcia & Chris



Drag Lake - $449,900

Totally renovated 1570 sq. ft. open concept 4 bdrm, 2 bath, home/cottage on level lot on Drag Lake. Private gated driveway, clean sand shore Extensive lakeside decking, maple hardwood floors, pine trim and doors throughout, pine kitchen, dining room walkout to deck, living room wood airtight on stone hearth and pine 4 season sunroom. Finished recreation & laundry rooms, high efficiency propane furnace, drilled well and eco-flow septic.

Anthony, Marcia & Chris

Little Kennisis Lake - $398,900

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Anthony, Marcia & Chris

Miskwabi - $179,900

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Chris & Michelle

Drag Lake - $569,900

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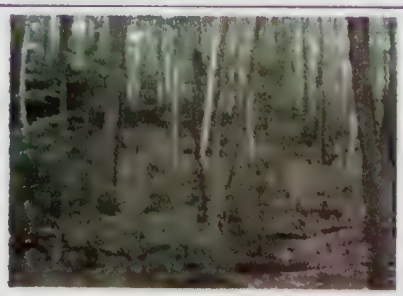

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Fair Fever Strikes In Kinmount!

by Lynne Kilby

With the approaching return of the spectacular Kinmount Fair Aug. 31, Sept. 1 & 2, it is easy to see the hustle and bustle increasing daily around town as the multitude of people involved scramble to make this years fair better than ever. You must experience this uncanny phenomenon, the grand finale of the last long weekend of the summer that turns a hamlet of 300 people into a place where tens of thousands of people converge to experience, the adventures of Kinmount Fair. .

What makes Kinmount Fair so exciting? The fair boasts 2 Demolition Derbies, the Great Lakes Truck & Tractor Pull, a Warriors Day Parade, the famous Talent Show at The Pines Bandstand, live entertainment & dances, a midway by World's Finest Shows, Mane Attraction petting zoo, pony rides and exotic animals, a pioneer exhibit, show rings, horse whispering, horse pulls, the Fair Ambassador Competition, an FMX Freestyle Motocross show, shopping, camping, an exhibit hall and more! There is literally something for everyone at Kinmount Fair where people of all ages blend together enjoying themselves.

This year's fair offers two new and exciting free shows one of which is The West Coast Lumberjack Show. This show promises action-packed, non-stop, family entertainment. Events include: Chainsaw Chair Carve, underhand Chop Competition, Axe Throwing Competition, How Saw Race, Standing Block Chop, Double Buck Race, Double Buck vs. Chainsaw, Jack & Jill Double Buck, Springboard Chop, Tree Climbing Race, Log Rolling Competition and Chainsaw Logo Carve Demo. Three shows are held daily at 11:30 a.m., 1:30 p.m. and 3:30 p.m., in the commercial area just next to the Grandstand.

The other new show, Freddie Fusion and his Mobile, Magic Science Lab is sure to delight kids of all ages. For great family fun make sure to attend one of the three shows held daily on Friday, Saturday and Sunday at 11:30 a.m., 1:30 p.m. and 3:30 p.m. in Kiddyland. Kids and adults alike will enjoy great entertainment.

Tommy Cash, with a Tribute to his brother, Johnny is this year's headline show at the Grandstand at 2:00 p.m., Saturday, Sept. 1. For more live entertainment visit the new arena which is featuring the Black Fly Boogie Band Friday evening and Saturday afternoon, Desert Heat for the Saturday evening dance and J.L. Avis & the Barn Burners on Sunday afternoon. If you happen to be one of the many people wondering about the construction of the new arena, please rest assured it will be completed by fair time by many devoted people who will be working around the clock to get the job done.

Something else new this year is an invitation for all past Fair Queens & Ambassadors to join in the fun by digging out their crowns and sashes and being part of the 2007 Kinmount Fair Parade. Once again, an invitation for future fair ambassadors is extended to boys and girls, 3 to 8 years of age who are invited to design a crown and participate in the Future Ambassadors Procession during the 2007 Fair Ambassador pageant on Friday, August 31 at 2:00 p.m. at the Pioneer Exhibit Tea Garden. This is a perfect example of why it's called "The Fair with the Forward Look."

This year's Warrior's Day Parade has a special theme – We Support Our Troops. The Royal Canadian Legion, John McGrath Branch 441, Kinmount is making special efforts to invite various legions, cadets and other groups to join in the parade. They will be gathering donations as well as operating a booth on Saturday only, selling Support Our Troops T-shirts, hats, magnets, bumper stickers, etc. Make sure to stop by the 1st Kinmount Unit of Sparks, Brownies & Girl Guides booth to sign their "We Support Our Troops" banner which will be sent to Afghanistan.

Kinmount Fair will surely put a smile on your face so don't miss out or you will definitely be cheating yourself. For more information telephone (705) 488-2547, E-mail doug.pearson@sympatico.ca or visit www.kinmountfair.ca. See you at the fair!!!

Fried Alive At Pole Position On Labor Day Weekend

Canada's Best Kiss Tribute Band Coming To Minden

Gerry Hogenhout owns Minden's Pole Position Cartways, loves cottage country, but doesn't get here as often as he'd like, is an Orangeville Chartered Accountant, is a very successful Certified Financial Planner, has a music studio and drum kit in his Orangeville Hogenhout and Associates offices, and, oh yes, once or twice a month Gerry likes to don some outlandish costumes, paint his face and morph into his alter ego, KISS drummer Peter Criss.

As Peter Criss, Hogenhout forms one quarter of Fried Alive, billed as the best KISS Tribute Band in Canada.

Fried Alive will be playing in Minden at the Pole Position Cartways on Saturday, September 1 at 7:30 pm. Advance tickets are $10 or 3 for $20 and are available at the door for $15. Because the drummer owns the venue, tickets will also include free mini-golf and batting cages between 6 and 7:30 pm.

Gerry Hogenhout cops to mid-forty, but this KISS Tribute Gig is no midlife crisis. Just a keen musician with a few like-minded friends who, three years ago decided to forego the monotony of the top-forty scene in favor of, to cite Monty Python "something completely different."

"It started three years ago," says Hogenhout. "We were playing in a top forty band and we had an opportunity to open for *'Cold Gin'* a KISS Tribute band from the US."

Hogenhout was playing with friend and fellow Orangeville musician Joe Kiss at the time. "I swear that Joe Kiss is his real name," chuckles Hogenhout. "I actually met him through his dad Jack Kiss who was a client of mine. I met Joe later when he came in for some financial advice."

Joe plays bass and when he found out that Hogenhout was a fellow musician, talk of tax shelters got lost in some funky bass riff.

Joe is Fried Alive's version of Gene Simmons and true to his name he was and remains the bands biggest KISS fanatic.

According to Hogenhout, the Cold Gin concert was an epiphany. "By the time the concert was over we just looked at each other and said... we should be doing this."

Of course, they also had to pick up two more musicians along the way.

Another Orangeville resident musician, Rob Culling plays rhythm guitarist and singer Paul Stanley.

"We added (Toronto's) Gord Mercer as Ace Frehley," says Hodenhout. "Gord played at one time with *Cold Gin* and is an accomplished KISS tribute player and he brings some smoking guitar to the mix as well."

Gerry Hogenhout

It took KISS years to put together a formula that worked on stage and Fried Alive knew that it would demand a lot of hard work and some determination to put together a tribute that would do justice to the masters of planned onstage disasters.

"It took us one year to learn the songs, build the props, make the costumes and learn the characters," says Hogenhout. "We watched a lot of old KISS videos and we found that we had to become actors as well as musicians."

Their patience and diligence ended up paying big dividends.

"We did a lot of work and when we finally brought the act onstage we were quite surprised, because our show, if I can say it, basically blew the other KISS Tribute Bands away," says Hogenhout.

And now, three years after that turning point, *Fried Alive*, says Hogenhout, is the most complete KISS Tribute show around, with authentic era costumes, four lighted KISS signs and a stage show that includes smoking guitars, fake-blood, lighting and fog.

"We used to do the pyrotechnics, but a lot of clubs aren't allowing pyro displays because of safety issues," says Hogenhout. But, he says they do have a pyrotechnic technician in the wings just in case. "When the venue allows," says Hogenhout, "we can do the pyrotechnics."

Hogenhout says that because they place such a premium on authenticity, their show is drawing raves from fans and promoters alike.

"We're getting calls from agents and the response has been pretty overwhelming," says Hogenhout.

"Attention to detail elevates our status with agents and because of that we are now regarded as the number one KISS Tribute Band in Canada."

Kiss Tribute Band cont'd... pg. 37...

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Kiss Tribute Band Cont'd...

... from pg. 36

But of course, Hogenhout says the four band members have to be a little selective when answering the calls from agents and promoters.

"We're all in our 40's and we all have families and full time jobs," says Hogenhout, whose son Sam works three days a week at Pole Position Cartways.

"So right now we're trying to keep the shows to one a month, but that's hard, because the agents are phoning."

And as word spreads the gigs are getting bigger and bigger. On May 24'th they played at a tribute concert in Tweed, Ontario in front of 8,000 to 9,000 fans.

And in July they played Ontario Place during the popular Molson Indy event, drawing another huge crowd and eliciting more great reviews.

"That Molson Indy concert was pretty memorable and it initially surprised us, but now we just accept that there is a lot of interest in KISS," says Hogenhout.

And while the big venues and the large stages are great for the ego, he says that the band members get just as pumped playing before more intimate crowds at smaller venues.

Smaller venues like say... hmmm... Pole Position Cartways in the bustling metropolis of Minden Hills for instance?

"We're all pumped and excited about playing this concert," says Hogenhout, who says that the racetrack infield is large enough to hold 500-plus lawn-chair-totin' KISS aficionados. He says that it's also an event for all ages, so parents, bring your kids and show them what rock and roll is really all about.

"It's exciting, fresh and new for us to be playing a venue like this and we're getting a good buzz in the Minden area about it," says Hogenhout, who is selling concert tickets to Pole Position customers out of the office.

"Ticket sales are going really well and the feedback I'm getting tells me that people in the area are really excited about it," says Hogenhout.

Prior to the Labor Day weekend concert, Fried Alive will be playing TJ's Hangar in Orangeville on Saturday, August 18. Hogenhout allows that promoters keep calling with offers from further afield.

He says one agent is prodding them to do a tour of Newfoundland and another wonders if they could take their act to the west coast.

"It's very nice to have these offers," says Hogenhout, noting that this year is still too early to consider travel much outside the Greater Toronto area. Full time jobs and familial obligations tend to constrict Canada-wide travel plans.

But at the same time Hogenhout says offers to bring their act to a wider audience are tempting.

"We're warming up to the idea of maybe an east coast or a west coast tour, but that would be in the future... who knows, maybe next summer," says Hogenhout.

For now they're just enjoying the ride.

"We love it and we love getting ready for a show," says Hogenhout. He says that they usually arrive at 10 am to set the stage for an evening gig. And they have to reserve a full hour and a half for makeup.

"Makeup time is really interesting," says Hogenhout, "it acts as a build up for the entire show and it's always fun."

But not quite as fun as when they finally get the chance to play.

"I like it because it combines theater with music," says Hogenhout.

Add some smoking guitars, fake blood, cool signage, the London Fog, really cool duds, scary facepaint and the occasional explosion and it's like that other accountant from Mastercard loves to say "Priceless!"

Fried Alive can be found on the world wide web at www.friedalive.zoomshare.com

Tickets can be ordered by phoning Pole Position at 705-286-3766

It's Happening in Kinmount!

by Lynne Kilby

Are you're looking for something different to do as these dog days of summer roll on? Well, here are a few suggestions you may enjoy checking out:

How about experiencing the beauty of nature with an adventurous activity by **renting a kayak** and taking a tour on the scenic Burnt River or destination of your choice? Rentals are available from J. Austin & Sons for $35.00 a day or $25.00 for a ½ day. The price includes a 13' Spirit Kayak, skirt, paddle, life jacket and safety kit. A deposit is required. Call 488-2961 for more info.

Drop in for a visit at **Nightingales Organic Farm** to select your own certified organic veggies, fresh herbs, preserves, herbal honey or maple syrup and while you're at it stop by Crazy Horse Stained Glass to browse a unique assortment of panels, lamps and gifts. Both are located on Galway Road just south of Kinmount.

Remember to call me at (705) 488-2919 or E-mail me at lynne.kilby@sympatico.ca to share news or advertise an event or activity. Special events coming up this month include:

Aug. 18 – The Kinmount Railroad Club is having a **GIANT yard sale** at the railroad station from 9:00 a.m. to 2:00 p.m. Spaces to sell your treasures are available for a cost of $10.00. Proceeds will help support the Historic Model Railroad. Call Yvette at 705-488-2282 for more information.

Aug. 18 - Friends of the Library **Book Sale** 10:00 a.m. to 2:00 p.m. downstairs at the library.

Aug. 21 – The Alzheimer Society holds a **family caregiver support group** meeting on Aug. 27, at 1:00 p.m. at the Kinmount District Health Centre.

Aug. 25 - Elva V. Bates, author of "A Journey through Glamorgan's Past" will be visiting our Railroad Station from 10:00 a.m. – 2:00 p.m. to promote her book. Come and meet the author and have your book personally autographed!

Aug. 30 - Try your luck at **MONSTER bingo** at Kinmount Fairgrounds. $1,000.00 jackpot must go. Doors open at 5:30 p.m. Bingo starts at 7:00 p.m. Sponsored by Kinmount Lions Club.

Aug. 31, Sept. 1 & 2 - Kinmount Fair – Journey to Kinmount for an adventure you don't want to miss!

Check out these ongoing events throughout the month of August:

Fun Bingo: Monday evenings at 7:00 p.m. at the Royal Canadian Legion, all ages welcome, admittance by donation, prizes. For information call 705-488-3462.

Seniors Cards: Pot luck lunch at 12:30 p.m. on Mondays followed by bid euchre at 1:00 p.m. and euchre Wednesday evenings at 7:00 p.m. upstairs at the Royal Canadian Legion. All welcome.

Kinmount Library Children's Program: Thursday mornings at 11:00 a.m. Kids can enjoy story time, craft time, contests and more.

Music in the Park: Thursday evenings at 6:30 p.m. Enjoy a free summer concert series at Austin Sawmill Heritage Park, sponsored by the Kinmount & District Lions Club. Remember to bring your lawn chair.

Weekly Bingo: Friday nights at 7:00 p.m. at the Royal Canadian Legion.

Farmer's Market: Saturdays at the Railroad Station., 9:00 a.m. to 2:00 p.m.

Artists at the Station & Model Train Display: Featured every Saturday & Sunday, 10:00 a.m. to 4:00 p.m. at the Railroad Station. For information call 705-488-1574

Highlands Cinemas: Open each & every day with 5 theatres for your viewing pleasure. A must to experience is the historical museum. Call 705-488-2107 for show times.

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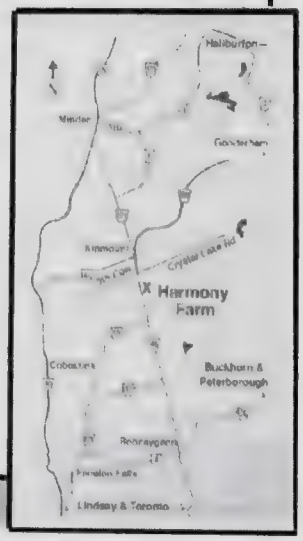
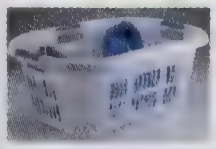


Kinmount and area Business Directory



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Local Rockers to Release New Album

by Tyson Farrell

There are few local youth that do not remember the epic days of Haliburton's own rock band, *The Dirty Bird Dancers*. It was a band of high school students that continuously fulfilled a personal mandate to expand the minds of students, and to shock them with the power of rock. In the local youth music scene, *The Dirty Bird Dancers* reined supreme for years, playing in sold-out venues and producing popular albums such as "Milk Box Profile." Then, to the dismay of all, the band ceased to be. For the members of 'Dirty Bird,' graduation had come and high school was over. They all went their separate ways, to different universities and to different provinces, and a rock band that seemed immortal died. The band members themselves did not die of course, and, to the great fortune of all those who reside in this great county, two of them have joined forces once more. Former lead singer Chris Postill has reunited with former lead guitar player Nick Russell to form a two man band named *Aiode*. Together, these two ex-Dirty Bird Dancers are releasing a new album that may very well usher in a new era of music in the Haliburton Highlands.

Since graduating from Haliburton Highlands Secondary School, Nick and Chris have pursued post secondary educations. Nick is currently a student at Guelph University, majoring in Music. At Ryerson University in Toronto, Chris has completed his third year as a student of New Media. Aside from spells as tree planters in the prairie provinces and other such wild endeavors, the two musicians have routinely returned to the Highlands for their summer vacations.

This summer they are glad to finally sit down and produce a new album. The approaching album has been a long time coming, as Chris explains. "We've been wanting to release an album for years, ever since our last one. We keep recording ideas and saying 'Ok, let's actually put out an EP,' but it never really happens. Every time Nick comes to visit me Toronto we go to a pub down the street called *The Abbey* and talk about how cool it would be to make a new CD. I think that we're so tired of talking about our upcoming CD that we decided to finally just make something."

The new yet-to-be-named album looks good. The two young men have clearly taken what they have learned at university and applied it to their work. Nick can be heard playing the guitar, drums, bass and several other instruments with honed talent. As Chris says "Nick is one radical dude when it comes to really wailing on that guitar of his!" Chris can also be heard singing while playing piano or bass, but his manipulation of technology and media is perhaps more notable. Chris has recorded bizarre things such as frying pans, breathing through gas masks, and even his cat sleeping. By using studio equipment, Chris has manipulated these unusual sounds so effectively that they all sound like musical

New CD Release cont'd... pg. 41...

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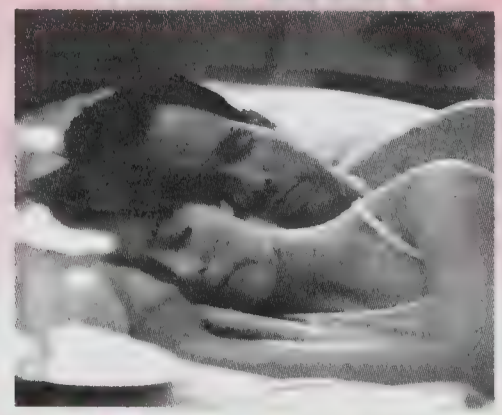

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C.D. Release Cont'd...

... from pg. 40

instruments and fit seamlessly into the music. "At its core the album is a pretty basic rock album with drums, guitar, bass and inward pterodactyl sounds now and again," he says. "But our whole idea is to take that side of us and mix it with our other side, the side that likes to experiment with unusual sounds."

Not long ago, it would be difficult to produce an album in the Highlands. The amount and price of the equipment needed was usually too great. Decent recording studios were found almost exclusively in urban centres. Technological advancements over the last decade, however, have made producing an album far more feasible to emerging musicians. "With this album there really aren't any challenges with making it in Haliburton County, because of our fortunate place in the age of technology, recording anywhere as an independent band is relatively easy. It may be hard to believe, but we're recording this album mostly in the basement of my house. We're making a high quality recording, despite our relatively modest equipment," speaks Chris. "There are even benefits to recording up north. People in the Highlands tend to just care more, even if they aren't into what you're doing. If you have a project on the go, everyone seems to be supportive."

In the past, whenever Nick and Chris released a *Dirty Bird Dancers* album, public response was great. No matter how many copies of their album were made, they always sold out. The albums were eagerly seized by Haliburton youth, who were determined to get their hands on the next chapter of Haliburton rock and roll. Now, with the approach of their new *Aiode* album, Nick and Chris would love to get the same response. In order to get their music to the masses, their new album will be available at stores throughout the county, and online. Buying a copy of the album would be a sound investment, for not only would you be getting twelve solid tracks of locally produced music, you'd also be helping two talented young men pay for university.

This school year, Nick's university will be taking him down a new path. Ever determined to expand his knowledge of music, he will be traveling to the distant land of India. There, emerged in a culture millenniums old, he will spend his entire second semester. India is a land with an extremely strong and impressive musical legacy. In the last century, many a young western man such as Nick has traveled to India in search of musical enlightenment. The Beatles studied there, and the influence is only too evident in their later work. The Rolling Stones also went, and the sitar like guitar in "Paint it Black" was the result. Now, Gelert's very own Nick Russell is going. "I'm really excited to go," he says. "I can't even begin to imagine all of the great things I will learn." Another thing difficult to imagine is what a post-India *Aiode* album would sound like. It would likely be filled with even more sounds than the boys current album, but only the future will show.

Despite the fact that Nick and Chris are in the midst of producing an album, the two of them still find time to have fun. At the moment, they are both members of several other bands. Nick is a member of the Guelph-based band *November Criminals*, whom he frequently plays with. Both Chris and Nick are also members of the Haliburton based Sca band *Dave and his Good Buds*. If you've ever walked down Pine Street at night and heard loud music coming from the United Church, it's probably *Dave and his Good Buds* that you've heard. They make a suave blend of trombone and rock, and add further variety to the local music scene. Playing in an assortment of bands is a great source of fun for Nick and Chris, but it also keeps them in practice and exposes them to new ideas and methods.

At the moment it definately seems as though Nick and Chris have no shortage of practice and ideas. Their soon-to-be released album, to put it simply, is a pleasure to listen to. It's an artistic and original blend of unusual sounds and traditional instruments which produce a fine musical experience. The album is also agreeable in a different manner, however, for Nick and Chris's work is an undisputable testament to what the young people of the Highlands are capable of.

Pictured this page is Chris Postil and pictured opposite page is Nick Russell.

This story is one of the on-going stories of our youth in Haliburton County by Tyson Farrell. If you know of any youth in our area with a story to tell, call The Communicator at 457-9999 or let Tyson know when you see him around and about!!

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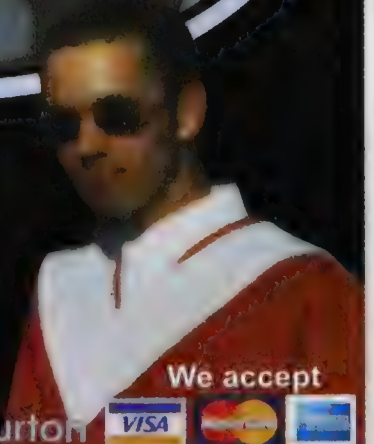

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Dispatches from Further North

Dancing Along the White Trail *with Marci Mandel*

You never know what will catch in a child's mind. You can only introduce them to new things and hope their own curiosity will fuel the fire that ignites their passion.

In grade school I was introduced to the vastness that is Ontario by way of a series of National Film Board productions by Bill Mason, a canoeist and documentary filmmaker. I was inspired by the way he portrayed Lake Superior: its ruggedness, its voyageur history, and its wondrous beauty. There was also an intangible that I couldn't comprehend at the time, and it crept into my bones where it patiently awaited the day my heart would understand it.

This summer, my husband, Alan, and I packed the car up and ventured out to see what the north was all about. Our first night was in Blind River where dinner was fresh pickerel and warm, homemade blueberry pie. In the morning we were joined at the breakfast table by a retired United Church minister who was moving from Calgary to be with her children and grandchildren in Ottawa. Good food, good conversation: what a great way to start an adventure.

Having heard Gordon Lightfoot's song about the wreck of the Edmund Fitzgerald, I was expecting Lake Superior to be blustery, with whitecaps a meter high. But when we arrived, gazing out at the vastness was as soothing as watching a sleeping baby breathe. With the protruding cliffs, sandy bays, and jack pined islands, the scenery was stunning.

Next day we packed a lunch and hiked the Orphan Lake trail. This was a route trappers had used, and it led us down to an isolated beach with rocks so old they had been tumbled into egg-shapes. With the sun warm and the lake inviting, we stripped down and jumped in. On the way back, we passed two hikers at a waterfalls but didn't see anyone else until much later. It was astounding how few people were around even though this was peak season.

Further east along the northern coast was the village of Rossport. The folks there – innkeepers, boaters and tourists – knew how to enjoy life. We picked up on their cues and rented a kayak to explore the old volcanic islands. When the sun scorched down, we found harbour in a lagoon and stopped for lunch.

The cyclists along the highway amazed us as they persevered up some mighty long, steep grades. When the signs for the Terry Fox Courage Highway appeared where the hills were more plentiful than the vehicles, we couldn't help but wonder at the force within that young man. A marathon a day? What an inspiration!

Connected to the west of Superior by a series of rivers and lakes is Quetico Provincial Park. We canoed in and made a small island home for four days. From there we explored the ranger station, sacred pictograms and old logging sites. What captured my imagination most was the elasticity of time. On the one hand, the intricately water-carved rocky shoreline emphasised the eons that had passed. On the other, with no signage or outhouses, and only a small section of the park logged, we felt close to the original voyageurs and their experiences

Flowing into Superior from its northern most point is the town, river and lake named Nipigon. "They say Nipi*gin*" the lad at the Rossport kayak shop said. "If you say Nipi*gone*, they'll know you're not from around here." We drove the Trans-Canada highway past there and lost our connection to Superior near Longlac, when all the rivers began flowing north to James Bay.

In Cochrane, we took the Polar Bear Express up to Moosonee and Moose Factory, which are at the mouth of the Moose River. The Hudson's Bay Company had hired workers from the north of Scotland to settle this outpost, so it shouldn't have been surprising that the some Cree played the fiddle and danced the Highland jig…but it was.

On our way home, we stopped in Cobalt and learned about the rich and Royal who invaded during the silver rush. The earth had been raped and left to rot, but the locals didn't leave. Today, a pride of their history shines through and it lights the path to art and culture.

The resources in this province are plentiful, but these bounties come and go. The asset I noticed that was most precious, ubiquitous, and enduring however, was our determination. The wind may try to shred us, the water may try to carve us, and the sun may try to scorch us, and the barons may try to exploit us, but what I finally understood was there was a power underneath it all that kept driving us, a power that transcends terrain and culture, and a power that dispensed with time and location. This power comes from the inherent knowing that goodness and justice will always find its way back.

My child's heart had sensed this; it took an adult mind to comprehend it.

Comments: whitetrail@distributel.net

Just east of Thunder Bay was Sleeping Giant Provincial Park, and at the end of the peninsula in the village of Silver Islet was *Store*. Three generations worked in the café section that overlooked the lake and served hearty soup and fresh baked goods. It must have been the young son's first day on the job serving because his grandmother had to instruct him on the etiquette of receiving a tip. I can still see his confusion and smile

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More Help For Abuse Victims - New Website - www.klhdvcc.ca

The Kawartha Lakes Haliburton Domestic Violence Coordinating Committee (KLHDVCC) was established in 2000, in response to a report released by The Joint Committee on Domestic Violence, "Working Toward a Seamless Community and Justice Response to Domestic Violence: A Five-Year Plan for Ontario".

The KLHDVCC is made up of local agencies from the justice, health and social service sectors that provide services to victims of domestic violence, sexual assault and elder abuse in the City of Kawartha Lakes and Haliburton. The committee's primary purpose is to facilitate a co-ordinated, effective approach in responding to domestic violence within Kawartha Lakes and Haliburton, while providing accountablity and a seamless service to victims of partner abuse.

The committee is pleased and proud to announce four exciting developments for our community. A new website: www.klhdvcc.ca , and two pilot projects, "Neighbours Friends and Family" and the "Rural Transportaion Network" for more information on these projects please visit the website. The Committee, also finialized a community protocol "Best Practices Guidelines for a Collaboritive Response to Victims of Partner Abuse" this protocol will be ready for launch in the fall of 2007 and is availble now on their website for viewing.

For further information about the Kawartha Lakes Haliburton Domestic Violence Coordinating Committee please visit www.klhdvcc.ca or contact Vicky Wallis Project Leader at (705) 878-4285 or vwallis@womensources.ca

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Reflections from SoulWinds

by Brenda Peddigrew

Smelling the Wind

One morning in the late fall I stepped out into air and light still with that noticeable stillness of deep overcast. My cat MaChree, who takes me for a slow walk every morning – because of wild animals he doesn't go outside alone –led me to a small and sheltered circle of trees on our property, and there I stood in the stillness, he having found enough mouse-smell to keep him occupied.

While he was smelling mouse, I became suddenly alert to the smell of the wind, the slightest of movements in the air. It had the effect of bringing me to breathless attention: all my senses became engaged with this smell of wind. And what was this smell? It was of damp rain. It was of earth decayed. It had a hint of ice, the kind that slaps and stings your face. It was the smell of impending winter. All of this arrived on the wind in that one almost imperceptible stirring of air, which I would have missed altogether had I not been standing still, outside under trees, with my cat MaChree.

You might say "but what's the point? Go inside and stay warm and listen to the weather report!" And you would, of course, be right, be sensible, be very much in keeping with the comfort of modern conveniences.

But here is what you would be missing: your body alive with tingling connection; your senses wild with imagination, engaged all at once, breathing with everything around you. And in that one moment knowing that you are standing in a place that speaks to you in a language that doesn't use words, and that you are understanding what that language is saying.

Here in the Alquonquin Highlands, it's easy to go outside, to be among trees, to recognize the silence that relieves us from the steady and increasing noise of what is asked of us in contemporary life under the usual guise of "keeping up." But going out into that silence doesn't guarantee that you will smell the wind, or hear the birches, or see the pure white of the Arctic Hare standing perfectly still not five feet from the road. That takes emptying the mind, slowing the heart, and opening a space inside yourself that listens and waits.

Sometimes, it takes a slow walk with cat to receive the gift of smelling the wind.

***try this:* Find any patch of trees or bush. Walk slowly and empty your mind of its usual preoccupations. See what you can smell on the air. Let the wind tell you something.**

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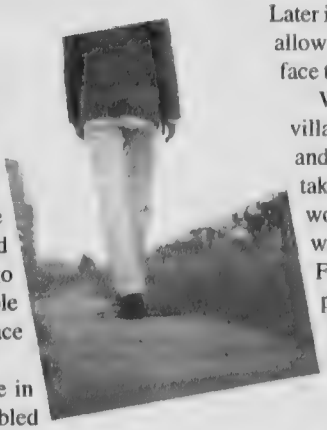
A Few Good Reasons to Park Your Car This Summer

By: Stacey Schell



Do you remember the days when you actually had to get off of the couch to change the television station? Remote controls are just one example of the many ways in which technology has made our lives more convenient, but at the same time more sedentary. Before the introduction of telephones, people used to make the trip to other people's homes to visit. Before we had drive-thru restaurants, we had to get out of the car to go inside and get our food. And before there were cars, people most certainly walked or biked to get from place to place much more frequently than they do today.

Indeed, cars have become a way of life for us here in Canada. The number of cars per 1000 people has doubled since 1960, and although most trips of 3km or less could easily be made on foot or bike, the average Canadian makes 2000 such trips by car each year! If we were to use *active transportation* more often (that is, any form of self-propelled transportation) some of the detrimental effects on our health and environment could be greatly reduced.

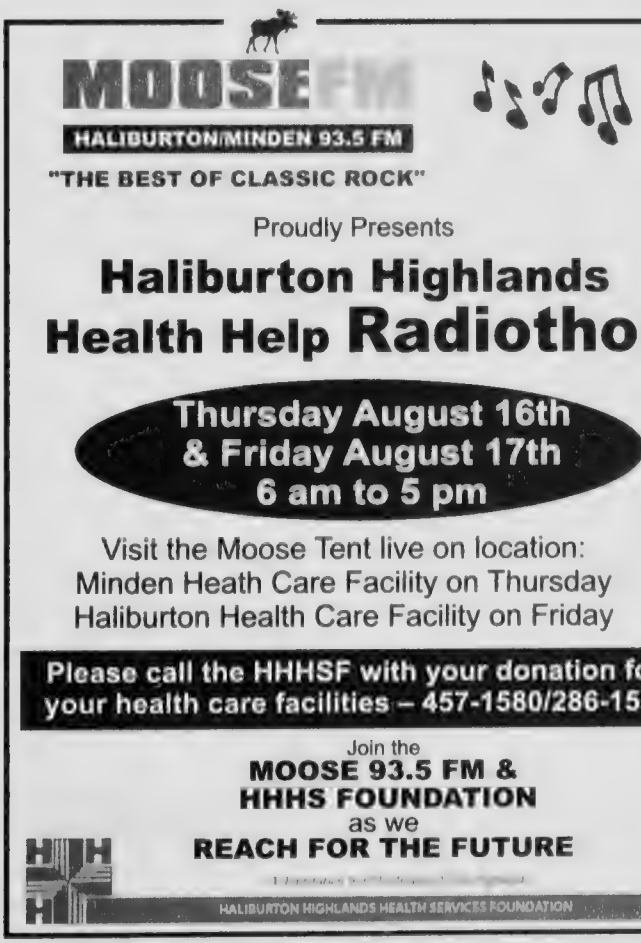
For example, did you know that for each additional hour spent in a vehicle each day, a person is 6% more likely to be obese? In contrast, moderate levels of activity, such as walking briskly, can help to prevent obesity and reduce the risk of chronic disease. This is a reason to choose active transportation – you travel somewhere and it's good for your health! The use of vehicles also takes a toll on the environment. Environmental costs of transportation in Canada have been estimated at $14-$36 billion each year. However, for each mile of a motor trip that is switched to walking or biking, you can avoid releasing 2.6g of hydrocarbon, 367g of carbon dioxide, and 1.6g of nitrogen oxide into the air.

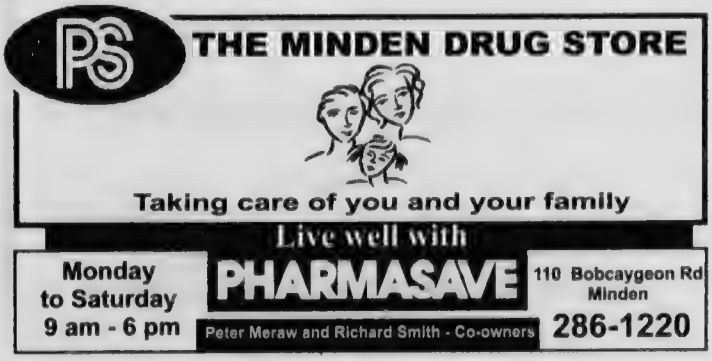
As someone who grew up in Haliburton County, I am well aware of the unique barriers faced by rural communities when it comes to using active transportation. Destinations are often far apart, and in many places there are no paths or sidewalks. Encouraging and enabling active transportation in small communities can be challenging, but in Haliburton County, the Communities in Action Committee is showing that it is possible! Even small changes can make a big difference. In fact, switching half of your trips to walking or cycling could reduce your carbon dioxide emissions by 250kg!

This summer, I have been working on behalf of the Communities in Action Committee to collect information from the community that will be used in developing an active transportation plan for the village of Minden. Your input is very important in helping us develop a plan to make Minden a healthier, safer, and cleaner community. We'd like to thank those of you who have already participated by completing a survey that was delivered to your home last January or assisting your child in completing a survey through Archie Stouffer Elementary School.

Later in August we will be holding small group discussions that will allow us to capture additional information that only comes through face to face dialogue.

We are also interested in assessing the "walkability" of the village of Minden. Walkability describes whether or not it is easy and safe to walk from place to place. If you are interested in taking part in the small group discussions or are a walker and would like to complete a walkability survey during one of your walks, please contact us. We look forward to hearing from you. For more information about the active transportation planning project, please contact the U-Links Centre for Community-Based Research, 286-2411 or visit our website at www.haliburtoninactionr8.org.





The Dharma Centre:

awakening or enlightenment, through different meditation approaches

By George Farrell

For years I had been hearing about the Dharma Centre. For me the Dharma Centre was this somewhat mythical and mystical place where people went who wanted to get away from it all, and to re-energize before they continued on with everyday life, and the stresses that come with it. I even drove by the Centre one time, on a day-trip down the Galway Road, south of Kinmount. It also had, by it's very name this far eastern flavour, and I imagined it was also a place where eastern mystics and people interested in eastern philosophy went to meditate and/or study. Well, as it turned out I was not too far off in my suppositions.

But institutions don't come to life until a "face" is associated with them. The "face" that I first associated with the Centre belonged to Dahani Nallainathan, a petite, smiling, delightful woman from Sri Lanka. I first met Dhani, while I was working at Golden Stationers, in Minden. Dhani, as it turns out, is the Administrator of the Dharma Centre. She was not at all what I expected. I guess I expected a rep from the Dharma Centre to be wearing long robes, and wafting incense all over the place. Well such was not the case, as Dhani was wearing western garb, and on first glance was just another customer. When I got to talk to her however, she did project what I can only call a "likable calm."

My significant other, Michelle, who happens to be the manager of Golden's, often tells me of the events in her day, and of the people who sometimes help to brighten things up. One of those people who cast a ray of sunshine was Dhani, Michelle had informed me. Recently while I was visiting Michelle at work, and moaning that I couldn't think of a single interesting thing or person to write about, in walked Dhani, as if on cue. Aha! I exclaimed, how would the Dharma Centre like to be the subject of a story in the Communicator? She thought the Centre would like that just fine, and after an email or two between us, a date was set up for me to meet with Terry Hagan and Mala Sikka, both resident teachers at the Centre. In a pre-interview phone conversation with Mala, she invited me to lunch, which, it turned out was to be provided by Dhani, as the regular cook was not available.

A long-ish drive down the Galway Road, eventually led me to the Dharma Centre. A driveway through the trees landed me at the doorstep of an old log structure, somewhat incongruous to my expectations. It was not an overly prepossessing building, but once inside I immediately became aware of a simplicity of function, not easy to describe. I was greeted by Terry and Mala, who I felt at ease with immediately. As the weather was looking ominously like it was about to deliver copious amounts of precipitate, we decided to do the photography first. The interior of the main building, though delightful, did not particularly lend itself to a quick photo study, so we ventured outside, where we took the obligatory shots of signage. From there we proceeded to a fantastic structure called a Degaba, which even in the grey of this day, sparkled white against the green backdrop. It was unlike anything I've seen in these parts. It's a domed structure with a needle-like pinnacle on top. Situated in front of the Degaba were several benches, and I asked Terry and Mala to sit on separate benches, and face away from me. Visually for me, the shot worked, and portrayed what I felt captured the extent of my understanding of Terry, Mala and the Centre. The fact that Mala and Terry were facing away from me perhaps intimated that as yet, I knew very little of them. That would change over our meal together, but before we partook, we proceeded on to other structures on the site. They took me to the temple, which inside featured an elaborate statue of a gleaming and glistening Buddha. I certainly felt like I was somewhere else other than in Haliburton County. In the more familiar outside scenario we then went to a Chortan which is a Tibetan shrine-like edifice, and from there, as the skies finally exploded with the waiting wetness, to an outdoor pavilion, which houses yet another Buddha, this one called a Buddha Rupa. The rain was just pelting down, and it was almost black outside. Terry undaunted, ran to the car and turned the headlights onto the Buddha for illumination, and the shots I ended up

The Dharma Centre cont'd... pg. 47...

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The Dharma Centre Cont'd...

... from pg. 46

with were extraordinary in their fantastic luminosity. I urge readers to go to the Dharma Centre web site for pictures taken in clement weather. Anyway, that was about all mother nature gave us time to photograph. We were wet, and we decided to warm up with a meal in the dining hall, which is located in the same building which houses the kitchen and the administrative offices.

The kitchen is a fairly large, spare room. On the big kitchen table three metal pots yielded in turn, a fragrant rice, sauteed cauliflower, and a mild curried chicken. Almost drooling in anticipation (I purposely had not eaten beforehand) the three of us proceeded to an airy, spacious, yet low-beamed dining area, which contained several large tables with accompanying benches. Although it was rustic there was a serenity which went along with the setting. Setting is an appropriate word, inasmuch as I felt I was in a movie set. A somewhat deserted set, in a decidedly good movie. Terry, Mala, and Dhani, who had just joined us, blessed the food with a gentle doming of their hands over their plates, and without further ado we all dug in. After a satiating mouthful or two of the delicious food, conversation began. Now usually when I do an interview I'm writing like crazy, but this time, although I was extremely interested with what Terry and Mala were telling me about the Dharma Centre, and although I wrote, I was more interested in just talking, listening and observing. I realized that I was in need of a chilling-out myself, and the atmosphere and visuals, the company and the food were enabling me to do just that, so I took some mental notes.

Mala is a slim dark haired woman of Indian descent. Like Dhani she exudes a calmness, and she smiles readily. She moves sensually and gracefully, which is not surprising, as she is among other things, a movement artist who has woven her life studies into a teaching method called 'Life Moves.' Terry is of medium-build and is of fair complexion. He looks fit, and he has a love of nature, which was immediately apparent. He has a wide range of interests, photography being one of them; and he uses his knowledge of eastern and ancient western philosophies as source material for a compassionate and refreshingly accessible approach to meditation. They compliment each other very well, and in their eagerness to impart to me an understanding of all that constitutes the Dharma Centre, they sometimes completed each others thought processes, in a charming manner. I liked them both, and could not imagine that spending time in their company as a 'student' to their teachings would be anything other than an uplifting and heartwarming spiritual experience.

Now with the word spiritual I know hackles will rise with a certain percentage of readers. I also suspect that when the words Buddhism or eastern philosophy are mentioned, some people, especially those with western religious beliefs, might turn off. But let's mention another word; inclusion. It is the opposite of exclusion, and means 'all-embracing'. The Dharma centre believes in inclusion, and welcomes any and all persons through its gates.

I have somewhat of a warped sense of humour and when Mala told me of the policy of inclusion, I imagined a long trail of motorcycles blasting up to the centre gates. On the leather-clad backs of each round- bellied biker were stenciled the words 'Buddha Bikers Motorcycle Club.'

But enough of such irreverence, as you're not likely to see any bikers at the centre, though I am sure they too would be welcome. The thing is, that although there is a definite eastern flavour to the teachings, and though meditative and contemplative are words and states- of- being that are encouraged at the Dharma Centre, so too are words like peace, harmony, fulfilment, and self empowerment. "It was started as a retreat, study and educational centre which is non denominational in its charter," Mala informs me. "It's purpose is to assist in a spiritual fulfillment." Although the Dharma Centre is supported in the main by its approximately 150 members, it's not restricted to members, and everyone is welcome. "We're geared towards individual and group needs," says Terry. "There are people who come to do solo meditation. Some come short term, and then there are those who come for long term retreats." Some of the people who go to the centre are musicians and writers who need a quiet contemplative space where they can think, and do their work. Other people go as part of a group. "We have one group who are coming from a major corporation," Mala says. "They are bringing their office staff to do a team-building workshop. They're looking for a meditative approach in the workplace. It's team-building based on co-operation and harmony," she says. "And of course there's a carry over at home.

"We like to help people learn how to effectively deal with their stress," Terry continues. "Mala and I can offer daily instruction and guidance, only if we are needed". If guidance is not needed guests can create their own agenda. "We have a pastoral role here," Terry adds. The centre provides some of its own fresh produce in season, and the meals provided include some Thai dishes, European, Mediterranean, "and what we call Asian fusion," chimes in Mala.

There is too much about the Dharma Centre to include it all here, and I suggest you go to the web site for additional information, especially regarding rates, services, facilities, and programs. In the meantime here is some factual information:

Dharma Centre Mission Statement

"...To carry on the instruction and practice of meditation, the study of philosophy and religion and the performance of charitable works in Canada." (The Dharma Centre of Canada is a registered charity #285435-49-13.)

What the Centre Offers

The Dharma Centre offers ongoing instruction in the laws of awakening or enlightenment, through different meditation approaches, from mindfulness practice, breath awareness, loving kindness practice, visualization and creative imagination, to insight practice or Vipassana, Vajrayana Tantra, chakra and energy work, yoga and Western Tarot work.

The Dharma Center offers single and shared accommodation in a beautiful setting of Ontario woodlands, streams and meadows. The Dharma Centre, situated on a 400 acre property, including two lakes, was purchased in 1966. On this property the centre's members constructed the Temple building, where most of the activities take place. Numerous single dwelling cabins were built in the meadows and forests for individual retreat work. Two larger dwellings were then built in a compound area to house 12 people in individual rooms, dubbed the "Hermitage". In total the Centre can sleep 42. There is a main administration building which contains the kitchen and a dining room that seats 28.

The Dharma Centre cont'd... pg. 52...

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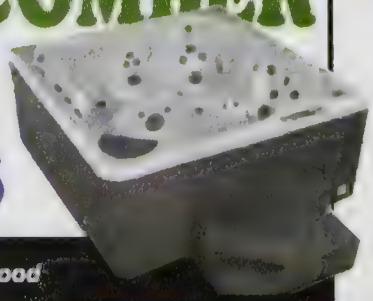

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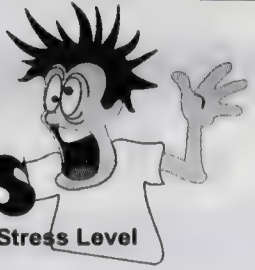

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Visit a large audio store where you can use headphones to listen to music, and enjoy experimenting with different musical styles. Pay attention to the effects the various types of music have on you (calming, energizing, and motivating). This will help you know what kind of music you might want to listen to the next time you want to re-create those particular sensations.

Ghost Stories
Scary Tales

The following is a fun little column for those who like ghost stories... Whether these are true or not we don't know, but they are stories told by those who believe they saw real ghosts!! If anything, they do make for interesting little stories... enjoy...

The Grenadier.

The Grenadier, in Belgravia's Old Barrack Yard, began life in the 18th century as an officers' mess for the Coldstream and Grenadier Guards. In the early 18th century a young subaltern, caught cheating at cards. was reputedly beaten so severely with horsewhips by his fellow officers that he died. Although documentary evidence for the incident is fragmentary there is good reason to believe that it did take place around 1820, and that the Duke of Wellington himself was involved in the subsequent cover-up.

There is no record of the month in which the manslaughter is supposed to have taken place but, according to reports going back at least to the 1880's, it is always in September that strange happenings occur. these have included an icy coldness in the cellar, the sensation of an invisible body bumping violently into bystanders, and a variety of noises. On one occasion in the early 1970's a barman was struck by an antique military helmet that hurtled from its place on the wall; Some years earlier the cellarman had been grabbed by a powerful unseen hand and pulled backwards down the cellar steps. Although admitting to its presence, the Grenadier management are reluctant to advertise their ghost, perhaps fearing that it will deter people from working there.

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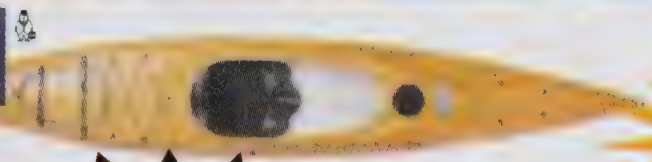

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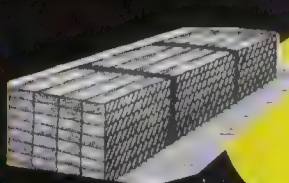

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VISA

Crime Flashback

by Max Haines

Falling in love with a hooker was his biggest mistake

Elvira Abenogar was born in a tiny Spanish village where old-fashioned values were still cherished. It wasn't her parents' fault that Elvira ended up pursuing the oldest profession from a rather classy apartment in Madrid.

Elvira tried to find straight employment in her home village, but there just wasn't any work to be had in the small villages of Andalusia. Elvira made her way to Madrid, where she received offers of employment. Most came with certain conditions, not the least of which were sexual favours. Elvira figured, what the heck, she might as well go into the horizontal business full time and make it pay.

HARD-WORKING PROSTITUTE

Together with Sara Alonzo, another girl of her village, Elvira became a hard-working prostitute. One fine day in 1980, Elvira shared her varied charms with one Rufino Alarcon, a shy little man who worked in the slaughterhouse. Rufino was smitten. Next day, he showed up, pesetas in hand. And the next day, and the next day, too.

Rufino was madly in love with the winsome prostitute, who had taken the professional name of Carmen Esposa, but there were complications. Like every self-respecting prostitute, Elvira had a pimp, Antonio Molina. Big Antonio had a reputation for taking care of his girls.

Molina told Rufino in no uncertain terms that he had no intention of handing over Elvira without compensation. Rufino was heartbroken, but he would borrow and save until he had enough to buy off Molina. It took over a year before a deal could be struck and Elvira was free to marry.

The happy event took place in Elvira's home village on June 13, 1981. The good folks there had no idea how Elvira made her living. She worewhite. Sara Alonzo was maid of honour. Rufino was proud. Elvira was his wife now and her past life was behind her.

THE MILD-MANNERED SLAUGHTERHOUSE WORKER COULD ONLY TAKE SO MUCH

For a while, things went swimmingly. Rufino slaughtered and Elvira sat at home. It was a far different life than she had been accustomed to leading. To tell the truth, it was a drag. Elvira talked over her predicament with her good friend Sara, who had only given up her profession long enough to be maid of honour.

Sara advised Elvira to slip out in the afternoon and turn a few tricks. There were plenty of customers in Madrid's cafes. Elvira agreed and contacted her old pimp, Molina. She took off with him and used her professional name of Carmen Esposa to rent an apartment. Molina lived with her, but the partners in the love

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business were careful not to bring clients to their apartment. Appointments were made for Carmen to meet her customers at a nearby hotel.

Again, Elvira was doing what she did best. Money was pouring in. Molina was happy. In fact, things were great for everyone except Rufino Alarcon. He was minus a wife.

Matters took a turn for the worse on Jan. 21, 1983, when the superintendent of Elvira's building noticed that her mail hadn't been picked up for days. He entered the apartment and found Antonio Molina lying on the living room floor in a pool of blood. Elvira, aka Carmen Esposa, was on the living room sofa, stabbed several times, with a butcher knife inserted in her lower abdomen.

Within minutes, the apartment was swarming with Madrid's finest. A medical examiner said he believed the murders had taken place four or five days earlier. Since there was a great deal of money in the apartment, robbery was ruled out as a motive.

When the apartment was dusted for fingerprints, only the superintendent's prints on the front door and the dead couple's prints were uncovered.

The handle of the butcher knife was too rough a surface from which to raise a print. It was believed that the killer had either worn gloves or had not touched anything.

The police uncovered Antonio Molina's past. He was a well-known 28-year-old pimp who lived with Elvira, but had two other prostitutes in his stable. It didn't take Sherlock Holmes to figure out that Carmen/Elvira was a prostitute.

The hunt for Sara took detectives to a certain street corner in Madrid, where she was found plying her trade. It was Sara who related Elvira's past to the authorities. She also told them that Rufino had been going all over Madrid with his wife's picture, asking her whereabouts.

Police swooped down on Rufino's two-room flat. They found the little man surrounded by photos and mementoes of the woman he loved. A white wedding veil lay beside a wedding photograph taken in far happier times.

Rufino told police, "I didn't want to kill anybody; I just wanted my wife back." He went on to tell them that he had found out where his wife was living. He had gone to the apartment and had been surprised to encounter Molina. He had no idea his wife had taken up with her ex-pimp.

TRIED TO TAKE HER HOME

The little man had taken his wife's hand, saying in his mild, shy way that he was taking her home. Molina indicated that it would take far more man than Rufino to separate him from his meal ticket. He grabbed Rufino by the scruff of the neck and escorted him to the door of the apartment. Rufino broke free and grabbed a butcher knife that from a coffee table. In a frenzy, he stabbed Molina in the chest.

Rufino stated he must have stabbed his wife, but he had no recollection of the attack. His mind must have gone blank after he stabbed Molina. His only explanation, "I must have been crazy. I love her."

Despite the fact that he had committed a double murder, there was a great deal of sympathy for the slaughterhouse employee who had lost his wife and had struck out in an uncontrollable rage.

On May 11, 1984, Rufino Alarcon was found guilty of unintentional homicide with extenuating circumstances. He was given the extremely lenient sentence of five years imprisonment.

Pictured: file photo by Sun - Elvira was a hard-working prostitute who couldn't settle down to married life.

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The Dharma Centre cont'd....

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Open to the Public

The Centre is open to the public on Thursday evenings from 8 on. "It's for people to find out what meditation is all about, and to discover peace and well-being." says Terry.

Two Week Retreat

From August 23rd to Sept 5th there will be a retreat at the Dharma Centre. The retreat will focus on Mandala. Mandala is a Sanskrit word meaning mind expansion tool. Working with mandalas instructors assist in activating inner change and transformation, help in the gaining of self-knowledge and learning how to create and maintain inner calm and happiness. Five instructors, including Terry and Mala will lead you in an exploration of the creation of mandalas, using sound, movement and meditation, amidst the natural beauty and wildlife of the Dharma Centre. Currently there is still space available for this course.

Personally, I'm looking forward to my next visit to the Dharma centre. Incidentally Terry and Mala informed me that they are looking for effective ways of interacting more with the community, so if you have any thoughts about how you or your group can utilize the great things that they have to offer, or how they might be able to assist in your activities, give them a call at the Centre.

You can reach Terry, Mala, or Dhani by calling the Dharma Centre at (705) 488-2704, Fax:(705) 488-2215, email: adminoffice@dharmacentre.org and web site: www.dharmacentre.org

The Dharma Centre is located at 1886 Galway Road, RR # 1, Kinmount ON. K0M 2K0

pictured: Terry Hagan and Mala Sikka and the Daharma Centre sign; Terry and Mala meditate at the Degaba

IN THE LOCKER ROOM

By Terrance Gavan

The Domino Factor In Sports Medicine

A Cautionary Tale For The Aging Athlete

You may have heard the story about the big league pitcher who developed a blister on his baby toe playing tennis on one of his off days.

Two starts later his pitching arm was ruined, his promising career was in shambles and his niggling baby toe boo-boo was fingered as the cause.

Now that sounds a bit farfetched you might say. How can a blister down there cause so much chaos so far up the totem? Is this the start of a bad sports joke?

Well no. There's a very real and logical explanation. The pitcher changed his windup to take pressure off his little toe. He didn't want to land hard on the blister so he tweaked his knee at the end of his delivery to prevent a hard bump on the offending digit. That caused his hip to joggle, which caused his arm to tweak and that caused his tendon to pleat.

Well you get the picture. It was summed up in that old Spiritual, *Dem Dry Bones*.

Your toe bone connected to your foot bone, your foot bone connected to your ankle bone, your ankle bone connected to your leg bone, your leg bone connected to your knee bone, Your knee bone connected to your thigh bone, your thigh bone connected to your hip bone.

And of course the hip bone is connected to the pocketbook and the wallet's connected to the contract and well, in our poor pitcher's case his contract connected to the boo-boo. His real boo-boo was pitching with a boo-boo.

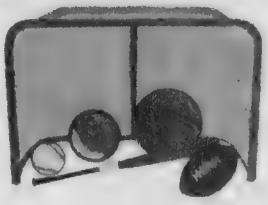
My Sports Medicine guy, Dr. Wabash Cannonball, calls it the Domino Effect. He even wrote a widely regarded paper on the subject entitled: *The Domino Effect and the Aging Athlete*. It was published in the New England Journal of Medicine. It won him a Chair on the Sports Medicine Board at Johns Hopkins.

I was the case study.

A while back I developed a bruise on my right instep while skateboarding. Well let's back this up. I was actually headed out to the vert ramp when I stepped on a huge pebble.

Angry at not being able to crank some ollies and a few Kamikaze Noggin Knockers I immediately went home to pick up my tennis

The Locker Room cont'd... pg. 53...



In The Locker Room cont'd...

... from pg. 52

racket. Halfway through the first set my playing partner John asked why I was walking funny. I told him my Tony Hawke tale of woe.

Into the second set I noticed that I was hitting off my left foot, to protect my instep.

I was now developing a serious throb in the ankle of my left foot.

At about the same time my serve, which usually flows gently, like a butterfly fluttering in a spring zephyr, was slowly devolving into a chaotic spasm. I looked like I was connected to a manic puppeteer in the final throes of a Tennessee Holler religious rite.

I was hitting my serve in an exaggerated tiptoe stance to ease pressure on my ankles and I was twisting my upper body to compensate. Little twinges started shooting up my left side.

On changeover, at 5-4, I noticed that my left arm was hanging lower that my right arm. My neck was convulsed in a spasm that left me looking over my right shoulder. I was limping on my sore left ankle and standing tiptoed on my bruised right instep.

John, who was and still is ten years my junior, then mentioned that we haven't been rock climbing in a while.

"Great idea John! That might work out a few kinks," I said.

We arrived at the rock face and as I grabbed the belay ropes I felt a sudden twinge in my lower back.

"Nothing like a little free climb to loosen up the muscles," I shouted.

About half way up, my left hand, which was lodged in a small crevice, suddenly went numb. At the same time the twinge in my back locked into an uncontrollable spasm.

As I fell from the rockface my crinkled neck gave me a perfect line on John, who, thankfully, was on belay. As the belay rope tightened and caught my weight, I felt my left knee lock up.

As John helped me take off the belay ropes I suggested that we should go for a jog to work out the cricks.

John ignored me and asked for directions to Dr Wabash Cannonball's Sports Medicine Clinic.

"You, *do not*, look so hot and I think I heard something go *sploooot* when the belay ropes caught you."

"Well, okay, but I'm sure it's nothing that a few pushups and a good night's sleep won't cure," I said.

I declined John's kind offer to run in and get me a wheelchair, and I sidled into the clinic.

Wabash was looking out of his corner office window when I arrived.

I was tiptoeing on my right foot, and dragging my left leg with the sprained ankle and locked knee, my left shoulder was now fully 8 inches below the right, and my neck spasm was allowing me to maintain a conversation and eye contact with John who was behind me as I sauntered into the clinic.

I reached for the door and heard a pop from the vicinity of my right shoulder.

Dr Wabash met me in the lobby, watching as I slowly dragged my form into view.

"Hey, Quasimodo, the Cathedral called. I think it's your turn on the Bells."

Did I mention, that Dr Cannonball is a nice guy, but no bedside manner.

As I explained the day's events, he shook his head.

"How old are you? Idiot!"

And then: "Are you sure you weren't dropped on a hard cement floor when you were young?"

And then he started to hum *"Dem Bones"*.

"Hah, I got it... your head bone's connected to your gluteus maximus. Take two aspirins and call me when you can pick up a phone."

He did send me a copy of his article before leaving for Johns Hopkins.

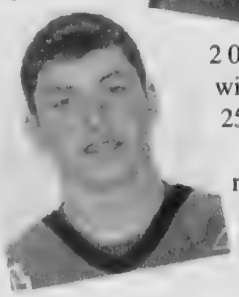
Cogliano, Bolland Will Skate In Minden

World Junior Gold Medalists Guests Young Nats Camp

By Terrance Gavan

World Junior Hockey Gold Medalists Andrew Cogliano and Dave Bolland will be skating in Minden at the Arena on Monday, August 20.

Cogliano, who will be reporting to Edmonton Oilers Training Camp later this month and Bolland who played with the Chicago Blackhawks last year will be guests of the Young Nationals Triple A Minor Bantam Team Camp. (Players are all born in 1994 – 13 years of age.)



The Young Nats (a Toronto based elite squad) are in Minden for a week of skating and dry land training as part of the work-up to their season. They will be skating at the Minden Arena from Monday to Friday from 7am to 9am.

Minden resident Mark Eno says that Cogliano and Bolland will be bringing their medals and championship rings to the arena on Monday morning.

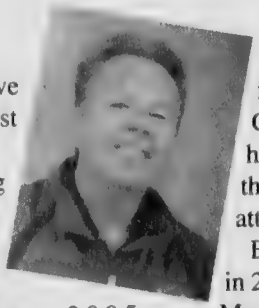
Both players will then be leaving to attend their respective NHL training camps.

"A lot of young hockey players in the area are really excited about this," says Eno.

"Cogliano and Bolland will be skating with the Young Nats and our local players and fans will get a chance to take some pictures, watch them skate and see the gold medals," says Eno.

Eno allows that there should be more than a few camera shutters snapping during their two hour skate on Monday morning.

Cogliano, a 2005 first round pick of the Edmonton Oilers, won two gold medals with the Canadian Juniors in 2006 and 2007.



Many will remember his feisty play with Team Canada earlier this year. The 5'10" ,180 pound forward turned a lot of heads during Team Canada's run for the gold last January. He signed his first pro contract with the Oilers on May 3 of this year. He figures to play a big role as the Oilers attempt to turn things around this season.

Bolland, won a gold medal alongside Cogliano in 2006 and was a member of the London Knights 2005 Memorial Cup Champions. He made his NHL debut with the Blackhawks in a game against the Canucks on October 25, 2006. He played 30 games with the Hawks last season.

On Sunday, when the Young Nats arrive at their training residence just outside Minden they will be joined by Cogliano, Bolland, Brampton Batallion Head Coach Stan Butler and Matt Duchene.

Duchene, a local player, was drafted by the Brampton Batallion and will be playing under Butler this season for the Batallion. Duchene will also be on hand for the Monday skate around.

This season Duchene will be playing alongside another local player Cody Hodgson. Cody is the son of former area MPP and Haliburton native, Chris Hodgson. Chris is a past president of the Haliburton Men's Hockey League and also served for years as a minor league coach.

Cody would like to be here to join Cogliano, Bolland, Duchene and the Young Nationals on Monday, but he was chosen to Canada's under-18 squad who are now playing a tournament in the Czech Republic.

Prominent among the visiting campers will be Brad Wheeler who is a personal trainer to a number of young players. Wheeler is an "in-demand" guy these days, helping a number of OHL and younger players further their career aspirations.

Wheeler has been asked to lend his expertise for the on-ice portion of the Young Nationals.

"Well, the coaches will be running the practices, but I will be there to oversee and consult," says Wheeler.

He also says that this is a great opportunity for local youngsters to meet Cogliano and Bolland.

"If you're a kid and you follow hockey, this is a pretty big event," says Wheeler. "A lot of these young kids watched the Junior Championships and living in a small town, this is a great chance to get some pictures and meet their heroes."

Wheeler is becoming a legend after only five years in the personal training business.

"I work with on-ice training only, concentrating on puck-handling and speed drills," says Wheeler.

Wheeler is personal trainer to a few of the Young National players, all of whom are playing at this elite Triple A level with an eye to someday playing in the OHL.

At present he is also working with a number of OHL players including his nephew Austin Verge of the Kingston Frontenacs. Verge along with Bryan Cameron and Shawn Matthias of the

Hockey Camp cont'd... pg. 55...

Hockey Camp Welcomes Jr. Medal Winners Cont'd...

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Belleville Bulls and Josh Armstrong of the Plymouth Whalers have all been attending his two-a-week sessions over the summer.

"We work hard over the summer until they leave for training camp," says Wheeler. "During the OHL season I watch the guys when I can on television and in the winter I work with some of the younger guys who are looking to make it to the major juniors"

Another one of Wheeler's protégés is the aforementioned Cody Hodgson. Hodgson made a commitment this past spring and summer to meet with Wheeler twice a week and judging from his recent selection to the Under-18 squad, the regimen seems to have paid some dividends.

"Just a super nice kid, on and off the ice," says Wheeler of Hodgson. "He made the commitment to come up twice a week and he was here with me making that trip to Toronto every Tuesday and Thursday," says Wheeler.

"We worked on puck handling and speed and there's no better kid than Cody and that's the truth," says Wheeler. "And I can tell you that he's disappointed that he won't be here for this camp, but he's worked hard and he deserves his spot on the Under-18's."

Wheeler adds that all hockey players who want to catch a glimpse of two of the best young players in Canada today are welcome to pop over to the Minden Arena on Monday morning (August 20) from 7 to 9am.

"Hey, this is a great opportunity to get some pictures and see those gold medals close up," says Wheeler.

So August 20, Minden Arena... set those alarms kids.

Pictured this page far left is Jr. Hockey Gold Medalist Dave Bolland. On right and above is Gold Medalist Andrew Cogliano. Both are coming to Minden.
Pictured opposite page is Coach Stan Butler and Centre Matt Duchene of the Brampton Batallion.

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The Last of the Great White Pine

Theatre for the Earth: More than a love story, Michael Fay's new play, steeped in local history is a call to action.

By Lea Harper

The clearcutting of the Great White Pine in the Haliburton Highlands began 130 years ago when the Cananda Land and Immigration Company of England sold the logging rights to Mossom Boyd of Bobcageon." The initial logging between 1869 and 1884 decimated 630 square miles of old growth forest in the Highlands. In those 15 years of rabid timber exploitation, hundreds of thousands of mighty pine were felled — some as tall as 80 ft. Boyd promised that "the noble pine was going to an equally noble afterlife"; meaning that, like royal spires the trees would serve as masts and spars on the great ships when in fact the Entrepreneur quickly cut a better deal, squared his logs and shipped directly to Glasgow to build tenements.

Many of the loggers came from Quebec. They lived in shanties, worked through the winter and hauled their bounty down the rivers in the Spring. It was dangerous work and it might take three months for the logs to travel the watercourses between Bobcageon and Peterborough. From there they moved on to Lake Ontario and the St. Lawrence. Each log was numbered because the loggers would fasten them into rafts and then dismantle them according to the conditions they encountered - placid water or rough rapids.

The old saying "Those who do not learn from history are doomed to repeat it," holds true. Fifteen years ago, I learned that the last stand of white pine in Alberta was about to disappear. Twenty percent of the province had been leased to two Japanese paper companies logging 4 million trees a year. (Sadly, there are almost no trees left in Japan.) 'Treeson', a poem in my first book, 'All That Saves Us', asks "*What forgery turns a new leaf into a crisp bill?*" As with the Mossom Boyd debacle so long ago, when finite natural resources are regarded as mere commodities, the consequences can be devastating.

Well acquainted with the Highlands' past, playwright and social activist Michael Fay has been galvanized by what he calls "an ecological holocaust." The respiratory health of the planet and all species depends on trees – the lungs of Mother Earth. Knowing this, the value of a forest cannot simply be measured in dollars and cents. Michael , whose stories are invariably steeped in local history has taken his passion for preservation and continuation to a whole new level – awakening a community's spirit not just to theatre about the landscape but to "theatre for the landscape." I might add that The Last of the Great White Pine will also be performed *on the landscape*. The play opens Thursday August 23rd on the grounds of the Minden Hills Cultural Centre, and runs through to Saturday August 25th at 6:30 with a Sunday matinee at 2pm.

"The Last of the Great White Pine is an original musical that takes place at the Minden Fall Fair, 1884, which was the last year that the pine was harvested commercially in this locality," Fay Martin tells me. "The French logger boys come to the fair and clash with the English farmer boys over the love of the Reeve's lovely daughter. It's a several-stranded story of love beset by cultural and generational differences – with a happy ending. The Spirits of the GWP intertwine the local story of the GWP, the historical reality, through spoken choral work and the creation of images."

Fay is a whirling dervish of creative organization, a virtual Genii for the Conjurors of County Town — that amazing group of volunteers who have kept the production going and growing for many months now. "The idea was," Fay says, "that kids need a chance to do something about global warming. We need to create an opportunity for kids to reflect on the world and take action to make it a better place." In the play, the kids *are* the spirits of The Great White Pine. They are the Chorus that introduce pivotal scenes in the play. They tell the story – "the history of the pine". Fay, who just happens to be married to the playwright, was also the Director of Family Services here in Haliburton for 12 years until her retirement this past Spring. Kids are her specialty and have played a

Great White Pine cont'd... pg. 57...

The Last of the Great White Pine cont'd...

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leading role in her professional life as well. She's used to opening the right doors for them. It's not surprising the vision of The Great White Pine should move from the theatre into the schools, from the past to the future, to embrace the current real life drama of deforestation and environmental degradation. Projects that are springing from the heart of the Great White Pine include a theatre camp for kids, a planned series of Fall workshops at Archie Stouffer Elementary in Minden, Theatre for the Earth – an after school club which will culminate in a presentation at The RD Lawrence centre and a tree planting project along River Walk.

When I arrived at the Minden Hills Cultural Centre it was the day the Spirits of the Great White Pine – the kids ages 11 -16 — had just been awarded their graduation certificates after an intensive three week camp experience that included "facts of the GWP, lessons on history, learning theatrical skills through games" and of course rehearsals of their parts in the play which is "chorally reproducing the story," Fay Martin tells me. There was a buzz of excitement in the air as the 'Spirits of the GWP' turned themselves into flowing "human tree sculptures" and performed their choral monologues – "a poetic chant" — for their parents. Jacob Harrison, Jessica Miscio, Elaine Searle, Emma Paul, Ross Curtis and George Charlebois sat with me afterwards on the grass and talked about their roles. Michael Fay had just finished addressing the young actors saying, "It is the greatest thrill for a playwright to see and hear the vision he created in his lonely little office come to life in the minds and hearts of great artists." Most of 'The Spirits' have had previous acting experience in school plays and with the Haliburton Summer Festival. "We are narrators," they tell me, "narrating what happened to us down through the years. Sometimes we're the trees, or the saws or the loggers, the Dryads or the tree nymphs." The kids were required to audition for their parts with a fairytale of their choice and to sing. What does being a GWP spirit mean? "We reflect on the life we had," they kids tell me, "and in the end dig our roots back into the ground and grow again." These roles have awakened them to a greater sense of connection towards the environment and ultimately, empowerment. They spoke alternately about the ozone layer, overfishing, the alarming loss of animal habitat, the importance of recycling and treeplanting and ways of cutting back on energy use.

They kids were fortunate to have Vanessa Smith as their camp counselor and teacher.

Her official role is Intern and camp co-coordinator. She is also the stage manager for the show, and will be the workshop educator. Vanessa has put together six stunning visual and text displays corresponding to the Choral Monologues and the journey of the Great White Pine through time. The job is tailor-made for Vanessa who has just graduated from the University of Windsor in the Drama in Education and Community Program. She's had placements in both primary and secondary schools teaching history through drama and says "I've been involved in theatre in Haliburton in one form or another for as long as I can remember." Returning from Windsor has helped her appreciate "the wondrous natural beauty we have up here" and she's grateful "to be able to combine that appreciation with theatre work."

Saving the earth will take teamwork, Fay says, to "subsume the personality to the whole – that's group theatre. If you are going to get your message across – a chorus is more powerful than a single voice. There is power in group activity. As the kids become ambassadors of GWP, they will take this forward. Part of what they've learned: Trees improve the quality of the air we breath. Don't ever take nature for granted. Learn to live with it in a thoughtful way." Our ecological footprint is 23% larger than the earth can handle. To learn how you can reduce the damage visit www.footprintnetwork.org and www.zerofootprint.net

The Last of the Great Pine is directed by Beth Kipping. The adult actors are: John Proctor, Jocelyn Regina, Laura Stouffer, Renee Archibald, Mark Johnson, Tyson Farrell, Aaron King and Shane Dibblee.

Tickets are available by phone from the Minden Hills Cultural Centre: 286-3154 or at The Storeroom, My Size and Golden's Stationers in Minden; Kitchens Etc and Baubles & Bonbons in Haliburton. There is a special rate for children ($5), otherwise $15 in advance, $18 at the door, $12.50 for Cultural Centre members (only available at MHCC)

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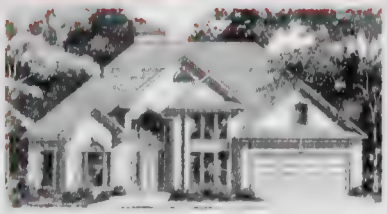

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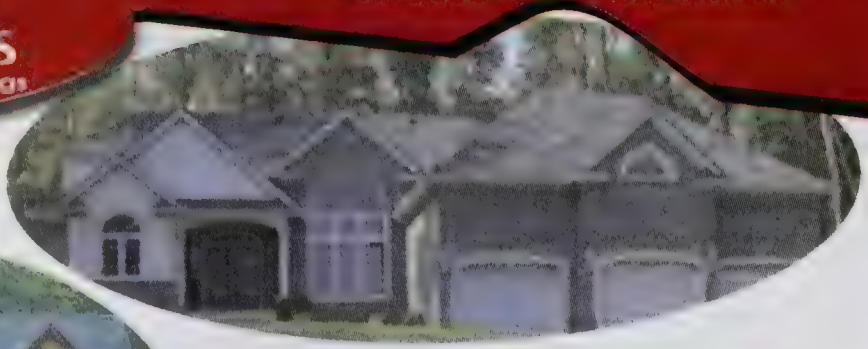

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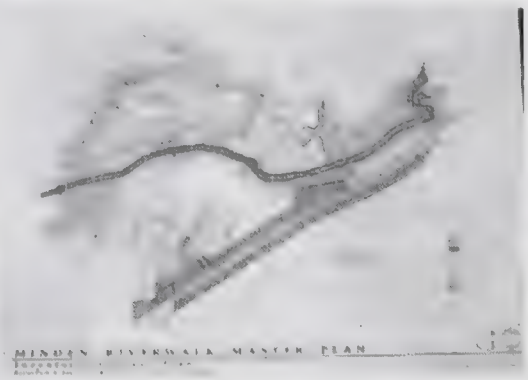
Plan for Riverwalk is Flowing

By Kate Hall

"Riverwalk is well on its way to fulfilling its goal of contributing to the revitalization of the village by providing an attractive pedestrian path system for residents and visitors that highlights the beauty of the Gull River."

Introducing the Minden Riverwalk logo! Thanks to the creative work of Riverwalk committee member and graphic designer Laurie Carmount, we now have a beautiful image to represent this community initiative. The image will be used on letterhead, promotional material and on future signage and will give people a visual to connect with the project – which is moving along steadily!



The Riverwalk committee is a small and dedicated group including Roy Haig (Chair), Laura Cunliffe (Secretary/ Treasurer), Laurie Carmount, Kate Hall and Cheryl Murdoch. The committee has developed an annual work plan based on the Master Plan that was created by Basterfield & Associates Landscape Architects in consultation with town residents in 2004. This year the committee made application to the Township of Minden Hills and the Haliburton County Development Corporation (Community Capacity Building Program) and received generous contributions of $25,000 from each towards the development of the next section of pathway along the Invergordon shoreline. This is a tricky section as the trail will need to be cut into the steep bank and reinforced with a stone retaining wall. The trail work is scheduled for this fall. Riverwalk is also working with the Minden Horticultural Society and the Conjurors of Minden Hills to plan for tree plantings along the north side of the river as some trees will have to be moved to accommodate the pathway. Riverwalk also received HCDC funds through a partnership with the Communities in Action Committee to complete geotechnical work (soil analysis) and structural designs for the bridge footings that will support the pedestrian bridge to connect Invergordon Avenue with Water Street.

Carver Walter vanderWindt to create work of art to 8' stumps along walkway

The first of many wooden benches was installed across from the Anglican Church. This style of bench was recommended by the landscape architect and the Riverwalk Committee agrees that its rustic character blends well with the landscape. You may have noticed two trees along the Water Street shore that have been cut down leaving 8' stumps. These will soon be carved into creative works of art by local carver Walter vanderWindt and will compliment the sculpture "When Men Were Machines" by Andy Hillo and other art installations planned for Riverwalk.

Learn More ... Meet Kate on August 16

Riverwalk is well on its way to fulfilling its goal of contributing to the revitalization of the village by providing an attractive pedestrian path system for residents and visitors that highlights the beauty of the Gull River. The large scale illustrations from the Master Plan will soon be accessible to view as they will be mounted on the walls in the foyer of the Minden Hills Council Chambers for all to see. To learn more about the project meet Kate Hall at the sculpture on August 16th from 5-6pm for a walking tour. This is a community initiative and all residents and visitors are invited to make a contribution to the project. Stay tuned for the official launch of the "Move the Marker" fundraising campaign in support of the Riverwalk project. For more information or to make a donation, please contact Laura Cunliffe at 286-1312 or Roy Haig at 286-4644.

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When she saw her first strands of gray hair, she thought she'd dye

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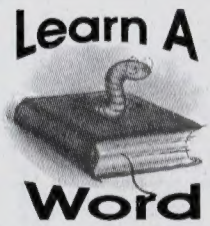
COTTAGE NEWS

Family Day and BBQ for All Members - (*Not a Member – come to the AGM and sign up)*
Saturday August 18th
At The Noble Restaurant, Hwy 35, Moore Falls - Saturday August 18th 1 p.m. Fun and games for kids and grown-ups – for everyone. Don't forget to bring your free BBQ tickets which were sent in the Spring Newsletter. Volunteers needed, Students earn school credits and have a fun time too! Contact Doris Borer at 705 454-3728 or e-mail:dbborer@distributel.net Please bring a lawn chair.

Annual General Meeting Soyers Lake Ratepayers Association
September 1, 2007 – 10 a.m.
Soyers Lake Cottagers and residents are encouraged to attend. The meeting will be held at the Delta Pinestone.

Envisage



\in-vi-zij\v 1: to view or regard in a certain way *2: to have a mental picture of especially in advance of realization.

The mayor's revitalization plan envisages a dynamic new development along the riverfront that includes a park, shops, and restaurants.

Spot Sam The Advertising Man for Your Chance to Win $100!

How would you like to win $100? Well it's easy with the Communicator!
Just read all the ads and keep an eye out for Sam – The Advertising Man. We will be hiding a few Sams in various ads throughout the publication, so look for more than one. Once you think you have found all the Sams you can, write down how many you spotted, in what ads, the publication date, your name, address and telephone number, and mail them, email them or fax them to the Highlands Communicator. The first correct answer pulled from entries received wins $100! It's that easy and it's fun too!

There were 10 sams in the last issue. They were hidden in the following ads: Teddy Time, McKee Security, Wilberforce Agricultural Fair, Lakeside Auto Sales, Paulmac's Pet Food, French Septic Plumbing, Highlands Computer Services, Harmony Farm, Todd's Independent, Kent Contracting

The winner of the Spot Sam Contest is:
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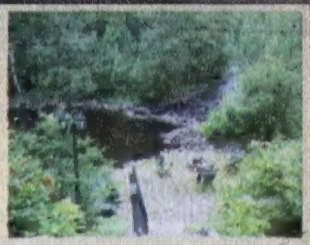

A River Runs Through Your Dream Property - Imagine 1200 ft of river frontage, listen to the water sometimes rushing over the rocks, other times it is a babbling brook. Wonderful swimming area. Connect with nature on this 14 acre parcel. Completely updated home /cottage with total of 3 bdrms on upper and lower floor. 2 baths, Jacuzzi, and hot tub, central vac. Hardwood and slate floors. Oil fired hot water heating. Separate building 20X40 with guest ¼'s, plus 22X24 carport all with many possible uses. **$519,000.00**

3 bedroom four season cottage on Pelaw Lake. Full basement that could be finished to give you double the space. 2 acre well treed flat lot. 200 ft of sand shore line on this quiet 2 part lake that also flows into the 2 lake Redstone chain. Enjoy the tranquility of a small lake but have the access to the large lake for major boating experiences. Great for young children. Enjoy summer camp fires and listen to the loons calling. Near The Haliburton Forest and Wildlife. **Asking $429,000.00**

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Looking to start your own business? Check out this acre lot property in Industrial Park. Over 2200 sq. ft. building with 3 phase hydro. Building has dirt floor and is partially open so you can do with it as you please: **$119,900.00**

Wow 702 ft of frontage on Kennisis Lake (Paddy's Bay) with 5.2 acres of mature forest. Driveway is in, survey, hydro, telephone are all available. Many building sites and great frontage with sand beach areas. Great investment property or build your dream cottage now. **$399,000.00 + GST**

4 bdrm 4 season cottage on 2 lake Kennisis chain, Carpet and wood floors, natural stone fireplace, totally open concept with 3 W/O One off the master bdrm. Massive stones form the waterfront and path to cottage. Water entry on flat granite to excellent swimming.

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Building lot on Hunter's Island with a fabulous western exposure. Sunsets! Sunsets! Sunsets! 2 acres and 150 ft of frontage and 5 minutes by boat from the landing. Build your dream hideaway on this very private lot with mature trees. New cottage going in on the lot next door. **$199,000.00**

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